

Provisional Results for All Competitors in finish order.

Place	Time	Name	Team	Race Age Category	Pace min/mile	Race No	Race Place
1	0:53:56	BLOOMFIELD, Crispian	Billericay Striders	Senior Men	05:23.5	225	1
2	0:54:53	SHASHA, Nick	Orion Harriers	Senior Men	05:29.2	510	2
3	0:54:56	STROUD, Jack	Orion Harriers	Senior Men	05:29.5	505	3
4	0:55:33	SELLENS, Chris	Colchester Harriers	Senior Men	05:33.2	214	4
5	0:55:50	CAMMACK, Tom	Springfield Striders	Senior Men	05:34.9	788	5
6	0:56:00	MYNOTT, Andrew	Saffron Striders	Senior Men	05:35.9	896	6
7	0:56:23	ALLEN, Gavin	Springfield Striders	Senior Men	05:38.2	856	7
8	0:56:44	BURGOYNE, Chris	Springfield Striders	Senior Men	05:40.3	872	8
9	0:56:49	NEWTON, Mark	Springfield Striders	Senior Men	05:40.8	209	9
10	0:56:57	MURTAGH, Stephen	Harlow Running Club	Male V40+	05:41.6	894	10
11	0:57:05	HART, Simon	Havering Mayesbrook AC	Male V40+	05:42.4	782	11
12	0:57:24	WOODMAN, Matthew	Orion Harriers	Senior Men	05:44.3	820	12
13	0:58:11	SMALLS, Allen	Colchester Harriers	Male V40+	05:49.0	539	13
14	0:58:53	NEWELL, Kevin	Ilford AC	Senior Men	05:53.2	916	14
15	0:58:57	NOURSE, Joseph	Braintree AC	Senior Men	05:53.6	236	15
16	0:59:15	NEARS, Jonathan	Colchester Harriers	Senior Men	05:55.4	220	16
17	0:59:24	RIDLEY, Colin	Colchester Harriers	Male V50+	05:56.3	621	17
18	0:59:29	SWIFT, Neil	Orion Harriers	Male V40+	05:56.8	292	18
19	0:59:46	FRYER, John	Colchester Harriers	Senior Men	05:58.5	601	19
20	0:59:54	HOPKINSON, Giles	Orion Harriers	Male V40+	05:59.3	581	20
21	1:00:05	MCGOUN, Neil	Orion Harriers	Senior Men	06:00.4	900	21
22	1:00:13	CUNNINGHAM, Kyle	Colchester Harriers	Senior Men	06:01.2	219	22
23	1:00:34	BATEMAN, Adam	Braintree AC	Senior Men	06:03.3	946	23
24	1:00:41	PHILCOX, Stephen	Ilford AC	Male V40+	06:04.0	663	24
25	1:00:52	WATSON, Peter John	Benfleet Running Club	Senior Men	06:05.1	905	25
26	1:00:53	ANDERSON, Paul	Springfield Striders	Senior Men	06:05.2	672	26
27	1:00:55	CHANDLER, Gary	Springfield Striders	Male V40+	06:05.4	600	27
28	1:01:06	WOTTON, Kevin	Ilford AC	Male V40+	06:06.5	261	28
29	1:01:08	ALLEN, June	Springfield Striders	Female V35+	06:06.7	282	29
30	1:01:25	COLE, Leo	Witham Running Club	Male V40+	06:08.4	561	30
31	1:01:42	WANDASIEWICZ, Nelson	Thrift Green Trotters	Senior Men	06:10.1	512	31
32	1:01:44	BURROUGHES, Billie	Benfleet Running Club	Senior Men	06:10.3	288	32
33	1:01:58	RAHMAN, Sam	Ilford AC	Senior Men	06:11.7	816	33
34	1:02:00	ELLIS, Stewart	Halsted Road Runners	Senior Men	06:11.9	531	34
35	1:02:05	COEN, Thomas	Springfield Striders	Senior Men	06:12.4	649	35
36	1:02:07	SPELLER, Martin		Senior Men	06:12.6	652	36
37	1:02:11	CROWDER, Tony	Blackheath Harriers	Male V40+	06:13.0	861	37
38	1:02:19	THOMAS, Clive	Great Bentley	Male V50+	06:13.8	1000	38
39	1:02:21	WARREN, Chris	Great Bentley	Male V40+	06:14.0	733	39
40	1:02:22	RANKIN, Nicholas	Benfleet Running Club	Male V50+	06:14.1	888	40
41	1:02:29	DESBOROUGH, Steve	Benfleet Running Club	Male V40+	06:14.8	230	41
42	1:02:33	LE MARE, Simon	Southend AC	Male V50+	06:15.2	718	42
43	1:02:35	CLARK, Alan	Benfleet Running Club	Male V40+	06:15.4	818	43
44	1:02:40	HORSBURGH, Craig	Orion Harriers	Senior Men	06:15.9	582	44
45	1:02:41	SWINBURNE, Nigel	Dagenham88 Runners	Senior Men	06:16.0	807	45
46	1:02:59	GOULD, John	Benfleet Running Club	Male V40+	06:17.8	616	46
47	1:03:03	PITTS, Chris		Senior Men	06:18.2	597	47
48	1:03:12	READ, Colin	Orion Harriers	Male V40+	06:19.1	588	48
49	1:03:24	MCCOY, Robin	Ravens City of London RC	Male V40+	06:20.3	562	49
50	1:03:26	MARTIN, Chris	Witham Running Club	Senior Men	06:20.5	266	50
51	1:03:33	HUTTON, Adam	Springfield Striders	Male V40+	06:21.2	735	51
52	1:03:37	CROCKET, Graham	Benfleet Running Club	Male V40+	06:21.6	268	52
53	1:03:40	HAPPE, Joe	Orion Harriers	Male V40+	06:21.9	587	53
54	1:03:44	BYFORD, Jon	Springfield Striders	Male V40+	06:22.3	697	54
55	1:03:57	BROUGHTON, Alan	Harlow Running Club	Male V40+	06:23.6	234	55
56	1:04:04	LAWRENCE, Martin	Haverhill RC	Male V40+	06:24.3	287	56
57	1:04:04	DUNHAM, Chris	Bishop Stortford Running Club	Male V40+	06:24.3	222	57
58	1:04:12	SUETT, Paul	Dagenham88 Runners	Senior Men	06:25.1	934	58

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Place	Time	Name	Team	Race Age Category	Pace min/mile	Race No	Race Place
59	1:04:26	TURNER, Mark		Male V40+	06:26.5	809	59
60	1:04:28	BILLIS, Matthew	Saffron Striders	Senior Men	06:26.7	938	60
61	1:04:32	HASKEY-JONES, James	Tiptree Road Runners	Male V40+	06:27.1	664	61
62	1:04:34	MILLS, Rob	Springfield Striders	Senior Men	06:27.3	842	62
63	1:04:36	CROWDER, Len	Blackwater Harriers	Male V40+	06:27.5	834	63
64	1:04:48	PRESTNEY, Stuart	Halsted Road Runners	Senior Men	06:28.7	544	64
65	1:04:55	KEITCH, Charles	Great Bentley	Senior Men	06:29.4	977	65
66	1:05:12	KENYON-MUIR, Nick	Ware Joggers	Male V40+	06:31.1	555	66
67	1:05:28	CAYFORD, Rhu	Witham Running Club	Senior Men	06:32.7	656	67
68	1:05:38	BRYANT, Andrew	Saffron Striders	Male V40+	06:33.7	897	68
69	1:05:42	JEPHCOTT, Jamie	Harlow Running Club	Male V40+	06:34.1	546	69
70	1:06:02	MUBAYI, Theo		Senior Men	06:36.1	893	70
71	1:06:11	BROCKBANK, Nikki	Springfield Striders	Female V35+	06:37.0	973	71
72	1:06:22	CHASE, Barrie	Bishop Stortford Running Club	Senior Men	06:38.1	868	72
73	1:06:30	BARRETT, Damian	Springfield Striders	Male V40+	06:38.9	886	73
74	1:06:30	BENTLEY, Roy	Springfield Striders	Senior Men	06:38.9	803	74
75	1:06:44	SIMMONS, Michael	Great Bentley	Male V40+	06:40.3	754	75
76	1:06:46	DOIG, Andrew	Pitsea Running Club	Senior Men	06:40.5	259	76
77	1:06:48	PEARCE, Chris	Springfield Striders	Male V40+	06:40.7	565	77
78	1:07:04	HALLS, Fiona	Saffron Striders	Female V35+	06:42.3	982	78
79	1:07:08	WIDDOWSON, Daniel		Senior Men	06:42.7	240	79
80	1:07:11	MILLER, David	Benfleet Running Club	Male V40+	06:43.0	827	80
81	1:07:24	MORGAN, Simon	Tiptree Road Runners	Male V40+	06:44.3	238	81
82	1:07:26	SHEPPARD, Nigel	David Lloyd Redway Runners	Male V50+	06:44.5	2	82
83	1:07:33	ANDREWS, Jim		Senior Men	06:45.2	798	83
84	1:07:36	BROCK, Dave	Orion Harriers	Male V50+	06:45.5	509	84
85	1:07:39	MOORE, Graham		Male V50+	06:45.8	765	85
86	1:07:48	FELL, Adrian	Harlow Running Club	Male V40+	06:46.7	628	86
87	1:07:54	ELLIS, Paul	Springfield Striders	Senior Men	06:47.3	791	87
88	1:07:58	GOVENDER, Val	Springfield Striders	Male V40+	06:47.7	707	88
89	1:08:11	BARTLETT, Dervish	Barking Road Runners	Male V40+	06:49.0	515	89
90	1:08:25	BOYER, Ross	Braintree AC	Male V50+	06:50.4	589	90
91	1:08:29	LUMSDEN, Toby	Saffron Striders	Male V50+	06:50.8	956	91
92	1:08:33	WHISTON, Arthur	Colchester Harriers	Male V60+	06:51.2	873	92
93	1:08:35	NEWMAN, Richard	Harwich Runners	Male V40+	06:51.4	629	93
94	1:08:43	LONG, Gavin	Saffron Striders	Male V40+	06:52.2	891	94
95	1:08:48	FORD, Samuel		Senior Men	06:52.7	586	95
96	1:08:53	COUSINS, Lee	Braintree AC	Male V40+	06:53.2	669	96
97	1:08:56	HITCH, Robin		Male V40+	06:53.5	215	97
98	1:08:59	KINGDOM, Robert		Male V40+	06:53.8	988	98
99	1:09:05	DAWSON, Gail	Benfleet Running Club	Female V45+	06:54.4	267	99
100	1:09:17	SAVAGE, Malcolm	Springfield Striders	Male V60+	06:55.6	890	100
101	1:09:34	MONK, Samantha	Springfield Striders	Senior Women	06:57.3	887	101
102	1:09:42	STEVEN, Roy	Harlow Running Club	Male V60+	06:58.1	233	102
103	1:09:44	EAGLES, Paul	Dagenham88 Runners	Male V40+	06:58.3	996	103
104	1:09:45	CANTLE, Steve	Grange Farm and Dunmow Runners	Senior Men	06:58.4	605	104
105	1:10:06	BURROUGHES, Roman		Senior Men	07:00.5	830	105
106	1:10:10	MILES, Lloyd	Billericay Striders	Male V40+	07:00.9	542	106
107	1:10:14	GREALY, Mike	Halsted Road Runners	Male V50+	07:01.3	826	107
108	1:10:34	BUTSON, Philip	Bishop Stortford Running Club	Male V40+	07:03.3	536	108
109	1:10:37	ASHMAN, Joey	Havering 90 Joggers	Male V40+	07:03.6	265	109
110	1:10:40	MULLEY, Andrew		Male V40+	07:03.9	221	110
111	1:10:46	TOURNANT, Felicity	Cambridge and Coleridge	Senior Women	07:04.5	646	111
112	1:10:58	JEPHCOTT, Daniel	Harlow Running Club	Senior Men	07:05.7	545	112
113	1:11:03	CERNY, Michael	Benfleet Running Club	Senior Men	07:06.2	291	113
114	1:11:05	MURPHY, Kevin		Male V40+	07:06.4	654	114
115	1:11:08	STONE, Glynn	Halsted Road Runners	Male V40+	07:06.7	815	115
116	1:11:09	TAYLOR, Simon		Senior Men	07:06.8	249	116
117	1:11:23	COGAN, Daniel	Ilford AC	Male V40+	07:08.2	786	117
118	1:11:27	SPENCELEY, Vincent		Senior Men	07:08.6	799	118

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119	1:11:29	CHAPLIN, Darren	Pitsea Running Club	Senior Men	07:08.8	972	119
120	1:11:31	PATMORE, Daniel		Senior Men	07:09.0	957	120
121	1:11:37	CHAMBERS, Andy	Dunmow Triathlon Club	Male V40+	07:09.6	859	121
122	1:11:39	SMITH, James	Dagenham88 Runners	Senior Men	07:09.8	604	122
123	1:11:52	ANSTISS, Steven	Loughton AC	Male V50+	07:11.1	534	123
124	1:11:53	BUSHELL, Christopher	Saffron Striders	Senior Men	07:11.2	527	124
125	1:12:00	BULL, John	Harlow Running Club	Male V40+	07:11.9	655	125
126	1:12:00	REED, Chris	Pitsea Running Club	Male V60+	07:11.9	543	126
127	1:12:08	KEEBLE, Mark	Leigh on Sea Striders	Male V40+	07:12.7	636	127
128	1:12:18	PEMBROKE, Lee	Witham Running Club	Male V40+	07:13.7	920	128
129	1:12:24	MOODY, Colin	Harlow Running Club	Male V60+	07:14.3	781	129
130	1:12:43	ZETHRAEUS, Emily	Great Bentley	Senior Women	07:16.2	772	130
131	1:13:03	CROUCHMAN, Graham	Witham Running Club	Senior Men	07:18.2	675	131
132	1:13:19	FRANKENBERG, Elisabet	Leigh on Sea Striders	Female V35+	07:19.8	218	132
133	1:13:19	BARNES, Colin	Leigh on Sea Striders	Male V40+	07:19.8	217	133
134	1:13:21	MONTGOMERY, James	Witham Running Club	Male V40+	07:20.0	634	134
135	1:13:22	POULTER, Neil	Halsted Road Runners	Male V40+	07:20.1	821	135
136	1:13:27	CAULFIELD, Michelle	Braintree AC	Female V45+	07:20.6	667	136
137	1:13:29	GIGGINS, Ross		Senior Men	07:20.8	851	137
138	1:13:36	WRAY, Neil	5 Star Bootcamps	Male V40+	07:21.5	532	138
139	1:13:37	NORDIN, Breege	Ilford AC	Female V55+	07:21.6	751	139
140	1:13:38	HALL, Joe	Saffron Striders	Male V40+	07:21.7	992	140
141	1:13:48	COE, Richard	Marlow Striders	Male V40+	07:22.7	293	141
142	1:13:54	WEATHERUP, Cliff		Male V50+	07:23.3	285	142
143	1:13:54	WALLEN, Brigid	Witham Running Club	Female V45+	07:23.3	962	143
144	1:13:55	HINSLEY, Paul	Halsted Road Runners	Male V50+	07:23.4	713	144
145	1:14:00	MILLER, Simon	Springfield Striders	Male V40+	07:23.9	691	145
146	1:14:11	COLMAN, Lindsey	Rochford Running Club	Senior Women	07:25.0	904	146
147	1:14:15	CURREN, Victoria	Springfield Striders	Female V35+	07:25.4	719	147
148	1:14:25	GEURTS, Gerard		Male V40+	07:26.4	862	148
149	1:14:31	MUNSON, Gareth		Senior Men	07:27.0	924	149
150	1:14:35	GRABOWSKI, Sarah-Jane	Benfleet Running Club	Senior Women	07:27.4	698	150
151	1:14:39	CARDNELL, Gary	Dagenham88 Runners	Male V50+	07:27.8	596	151
152	1:14:52	CULLING, Barry	Barking Road Runners	Senior Men	07:29.1	514	152
153	1:14:57	GILLARD, Colin		Male V40+	07:29.6	297	153
154	1:15:05	EASTWOOD, Heather		Female V35+	07:30.4	979	154
155	1:15:10	HAWKINS, Mike	Velocity Multisport	Male V50+	07:30.9	258	155
156	1:15:14	EDEN, Anthony	Benfleet Running Club	Male V40+	07:31.3	657	156
157	1:15:14	SHILLAKER, Mark	Tiptree Road Runners	Male V40+	07:31.3	289	157
158	1:15:15	LUCY, Joe		Senior Men	07:31.4	850	158
159	1:15:19	GODFREY, Gary		Male V50+	07:31.8	922	159
160	1:15:21	O'DONOGHUE, Brett		Male V40+	07:32.0	682	160
161	1:15:22	DENNING, Joel	Dagenham88 Runners	Senior Men	07:32.1	662	161
162	1:15:23	WRIGHT, James	Springfield Striders	Senior Men	07:32.2	995	162
163	1:15:26	HANDS, Nichola	Springfield Striders	Female V35+	07:32.5	777	163
164	1:15:27	CROSS, Anthony		Senior Men	07:32.6	740	164
165	1:15:27	WHEATLEY, John	Colchester Harriers	Male V70+	07:32.6	700	165
166	1:15:30	SPONG, Sue	Havering 90 Joggers	Female V55+	07:32.9	703	166
167	1:15:31	SALMON, James		Senior Men	07:33.0	865	167
168	1:15:34	BUTTERWORTH, Mike	Grange Farm and Dunmow Runners	Male V50+	07:33.3	741	168
169	1:15:35	WOOLLETT, Nick		Male V50+	07:33.4	567	169
170	1:15:37	ROSS, Mark	Great Bentley	Male V50+	07:33.6	785	170
171	1:15:41	SINGLETON, Octavia		Female V35+	07:34.0	677	171
172	1:15:43	MOLE, Denis	Havering 90 Joggers	Male V60+	07:34.2	849	172
173	1:15:44	CAMM, Jackie	Leigh on Sea Striders	Female V45+	07:34.3	638	173
174	1:15:45	FLYNN, Sean	Harlow Running Club	Male V50+	07:34.4	819	174
175	1:15:56	PAYNE, Kevin	Mid Essex Casuals	Male V40+	07:35.5	994	175
176	1:16:04	CHAPLIN, Philip	Bishop Stortford Running Club	Male V40+	07:36.3	584	176
177	1:16:06	AKROYD, Jennifer	Dagenham88 Runners	Senior Women	07:36.5	808	177
178	1:16:14	HALL, John		Male V40+	07:37.3	594	178

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179	1:16:25	BRONSON, Kathryn	Halsted Road Runners	Senior Women	07:38.4	511	179
180	1:16:29	JONES, Dionne	Harlow Running Club	Female V35+	07:38.8	683	180
181	1:16:34	KINGDOM, John		Male V40+	07:39.3	948	181
182	1:16:38	PAXMAN, Richard	Springfield Striders	Male V40+	07:39.7	564	182
183	1:16:52	CAULFIELD, Ollie	Braintree AC	Male V50+	07:41.1	611	183
184	1:17:00	STUCKEY, Liz	Witham Running Club	Female V35+	07:41.9	878	184
185	1:17:00	LYNCH, Mark	Witham Running Club	Male V40+	07:41.9	927	185
186	1:17:06	MIGLIORINI-LYON, Anna	Great Bentley	Female V45+	07:42.5	207	186
187	1:17:06	SHADFORD, Eileen	Great Bentley	Female V45+	07:42.5	763	187
188	1:17:07	HODGE, Matthew		Male V50+	07:42.6	747	188
189	1:17:08	PITTMAN, Rebecca	Springfield Striders	Female V45+	07:42.7	607	189
190	1:17:19	JONES, Jordan		Senior Men	07:43.8	941	190
191	1:17:27	HARDY, Daniel	Witham Running Club	Male V50+	07:44.6	625	191
192	1:17:37	WOOD, Neil		Senior Men	07:45.6	999	192
193	1:17:59	CLARKE, Martin	Ilford AC	Male V60+	07:47.8	278	193
194	1:18:03	CLARK, James	Halsted Road Runners	Senior Men	07:48.2	552	194
195	1:18:07	ABBOTT, Darren	Benfleet Running Club	Male V40+	07:48.6	875	195
196	1:18:09	BARRON, Hayley	Orion Harriers	Female V35+	07:48.8	783	196
197	1:18:18	MORRIS, Donna	Witham Running Club	Female V45+	07:49.7	724	197
198	1:18:30	KINGDOM, James		Senior Men	07:50.9	919	198
199	1:18:35	HOCKLEY, Marie	Bishop Stortford Running Club	Female V45+	07:51.4	792	199
200	1:18:46	WILKIN, David		Senior Men	07:52.5	787	200
201	1:18:46	LONGMAN, Bruce		Male V40+	07:52.5	789	201
202	1:18:55	BROOKS, Neil	Trent Park Trotters	Male V40+	07:53.4	737	202
203	1:19:04	PURTELL, Paula	Mid Essex Casuals	Female V45+	07:54.3	602	203
204	1:19:09	POTTINGER, Darren		Male V40+	07:54.8	593	204
205	1:19:12	SAVILLE, Graham	Harlow Running Club	Male V50+	07:55.1	570	205
206	1:19:14	DOWLING, Andrew		Senior Men	07:55.3	843	206
207	1:19:24	SINCLAIR, Don	Pitsea Running Club	Male V50+	07:56.3	626	207
208	1:19:32	BERRY, Joyce	Victoria Park Harriers	Female V45+	07:57.1	563	208
209	1:19:33	MARKHAM, John	Halsted Road Runners	Male V50+	07:57.2	704	209
210	1:19:34	MOXON, David	Springfield Striders	Male V60+	07:57.3	854	210
211	1:19:36	MAPPLEBECK, Sarah	Southend AC	Female V35+	07:57.5	639	211
212	1:19:37	ROGERS, Iain	Saffron Striders	Male V40+	07:57.6	937	212
213	1:19:40	SALMON, Arran	Leigh on Sea Striders	Male V40+	07:57.9	615	213
214	1:19:49	MCCLYMONT, Ian	Bishop Stortford Running Club	Male V60+	07:58.8	650	214
215	1:19:53	GORDON, Claire	Braintree AC	Female V35+	07:59.2	874	215
216	1:19:58	CRISP, Dianne	Ilford AC	Female V45+	07:59.7	998	216
217	1:20:06	BALL, Shirley	Bishop Stortford Running Club	Female V55+	08:00.5	571	217
218	1:20:15	RUDOLF, Steve	trail runner association	Male V50+	08:01.4	257	218
219	1:20:18	PEARMAN, John	Leigh on Sea Striders	Male V60+	08:01.7	548	219
220	1:20:31	WILKINSON, Nick		Male V50+	08:03.0	618	220
221	1:20:33	TRACEY, John	Pitsea Running Club	Male V40+	08:03.2	975	221
222	1:20:35	HOWES, Ben		Senior Men	08:03.4	598	222
223	1:20:38	HOWE, Theresa	Pitsea Running Club	Female V45+	08:03.7	940	223
224	1:20:39	ROBERTSON, Mark		Male V50+	08:03.8	805	224
225	1:20:40	WYATT, Harriet	Bishop Stortford Running Club	Female V45+	08:03.9	583	225
226	1:20:43	TAYLOR, Glen	Southend AC	Male V50+	08:04.2	925	226
227	1:20:46	COOKE, John	Colchester Harriers	Male V40+	08:04.5	943	227
228	1:20:59	MANSFIELD, Robert		Male V60+	08:05.8	637	228
229	1:20:59	HEWLETT, James	Saffron Striders	Male V60+	08:05.8	705	229
230	1:21:03	AYLING, Peter	Harlow Running Club	Male V50+	08:06.2	622	230
231	1:21:06	SANDFORD, Richard	The Commando Runners	Male V50+	08:06.5	299	231
232	1:21:07	CONNELL, Dermot		Male V60+	08:06.6	771	232
233	1:21:07	EMMETT, Darren	Benfleet Running Club	Male V40+	08:06.6	595	233
234	1:21:09	GIBBONS, Pete		Male V40+	08:06.8	742	234
235	1:21:10	SHEEHAN, Jenni	Ilford AC	Senior Women	08:06.9	997	235
236	1:21:15	SUMMERS, Dan		Senior Men	08:07.4	976	236
237	1:21:18	SIMPSON, Janine	Great Bentley	Female V35+	08:07.7	722	237
238	1:21:22	STEBBINGS, Lucy	Saffron Striders	Female V45+	08:08.1	568	238
239	1:21:22	SCHRODER, Paul	Harlow Running Club	Senior Men	08:08.1	812	239

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Provisional Results for All Competitors in finish order.

Place	Time	Name	Team	Race Age Category	Pace min/mile	Race No	Race Place
240	1:21:23	HOPKINSON, Nicola	Ilford AC	Female V45+	08:08.2	578	240
241	1:21:24	MORGAN, Abigail	Tiptree Road Runners	Senior Women	08:08.3	237	241
242	1:21:26	RICHARDSON, Joan	Thorndon Runners	Female V45+	08:08.5	599	242
243	1:21:47	SAUNDERS, Wendy	Dagenham88 Runners	Female V45+	08:10.6	518	243
244	1:21:57	HOLLINSHEAD, Daniel	Halsted Road Runners	Senior Men	08:11.6	503	244
245	1:21:57	BARRETT, John	Mid Essex Casuals	Male V50+	08:11.6	679	245
246	1:22:01	BARTLAU, Mark	Leigh on Sea Striders	Male V50+	08:12.0	610	246
247	1:22:04	MOULTON, Christopher		Male V40+	08:12.3	263	247
248	1:22:09	BUSBY, Steve		Male V50+	08:12.8	603	248
249	1:22:10	MASKELL, Paul	Leigh on Sea Striders	Male V50+	08:12.9	640	249
250	1:22:11	LYONS, Daniel	Benfleet Running Club	Senior Men	08:13.0	580	250
251	1:22:13	HANCOCK, Karen	Serpentine Running Club	Female V55+	08:13.2	784	251
252	1:22:15	WILMOT, Andy	Halsted Road Runners	Male V60+	08:13.4	770	252
253	1:22:17	GRANT, Mike	Bishop Stortford Running Club	Male V50+	08:13.6	899	253
254	1:22:17	KNIGHT, Paul		Male V40+	08:13.6	838	254
255	1:22:26	VERNON, Richard	Yaxley Running Club	Male V40+	08:14.5	208	255
256	1:22:30	PAGE, Janice	Harlow Running Club	Female V45+	08:14.9	709	256
257	1:22:32	WOOLLER, Diane	Colchester and Tendring Athletic	Female V55+	08:15.1	272	257
258	1:22:44	WILLIAMS, Leighton	Mid Essex Casuals	Senior Men	08:16.3	731	258
259	1:22:45	HALLS, Neil	Saffron Striders	Male V40+	08:16.4	981	259
260	1:22:56	MCGOVERN MCGOVERN, Gerry		Male V50+	08:17.5	526	260
261	1:23:00	BANNISTER, Sharon	Springfield Striders	Female V35+	08:17.9	757	261
262	1:23:04	ALDRIDGE, Wendy		Female V45+	08:18.3	239	262
263	1:23:08	LOZEAU, Robin	Harlow Running Club	Male V50+	08:18.7	575	263
264	1:23:32	ROSS, Andrew		Senior Men	08:21.1	701	264
265	1:23:37	SILVERTON, Ross	Witham Running Club	Male V60+	08:21.6	961	265
266	1:23:38	YOUNG, Scott	Great Bentley	Male V40+	08:21.7	945	266
267	1:23:42	POTTINGER, Mark		Male V40+	08:22.1	592	267
268	1:23:45	BEDINGFIELD, Ryan	Great Bentley	Senior Men	08:22.4	254	268
269	1:23:50	CONNELL, Christopher		Male V50+	08:22.9	745	269
270	1:23:53	MORLEY, Stewart	Benfleet Running Club	Male V40+	08:23.2	651	270
271	1:23:53	LLOYD, Greg	Benfleet Running Club	Male V50+	08:23.2	228	271
272	1:24:03	GARDINER, Frank	Great Bentley	Male V50+	08:24.2	558	272
273	1:24:04	CALCUTT, Colin	North Herts Road Runners	Male V50+	08:24.3	244	273
274	1:24:05	VAN EETVELDE, Mariyke		Female V35+	08:24.4	606	274
275	1:24:05	CHAMBERS, Simon	Saffron Striders	Male V40+	08:24.4	846	275
276	1:24:12	SKENE, Karen	Great Bentley	Female V45+	08:25.1	253	276
277	1:24:13	WILLIAMSON, Steven		Male V50+	08:25.2	286	277
278	1:24:14	WENZEL, Peter	Bishop Stortford Running Club	Male V60+	08:25.3	635	278
279	1:24:15	SIMMONS, Marion	Great Bentley	Female V45+	08:25.4	755	279
280	1:24:15	PRESLAND, Vicky	Great Bentley	Female V35+	08:25.4	732	280
281	1:24:18	PAUL, Gary		Male V40+	08:25.7	521	281
282	1:24:19	SHATFORD, John		Male V40+	08:25.8	926	282
283	1:24:21	COOK, Helen		Senior Women	08:26.0	271	283
284	1:24:24	JAMES, Yvonne		Female V45+	08:26.3	224	284
285	1:24:27	JOHNSON, Annette	Benfleet Running Club	Female V45+	08:26.6	232	285
286	1:24:38	CLAY, Sil	Haverhill RC	Female V45+	08:27.7	553	286
287	1:24:43	GILLAM, Sally	Harwich Runners	Female V45+	08:28.2	279	287
288	1:24:45	LINTON, Ian	Tiptree Road Runners	Male V60+	08:28.4	522	288
289	1:24:49	NIEMBRO, Juliet		Female V45+	08:28.8	617	289
290	1:24:56	ALLWORTHY, Karen	Orion Harriers	Female V55+	08:29.5	915	290
291	1:24:58	JOLLY, Stephen		Male V60+	08:29.7	824	291
292	1:25:01	MORGAN, ANDREW		Senior Men	08:30.0	673	292
293	1:25:01	SNOW, Stuart		Senior Men	08:30.0	833	293
294	1:25:06	SINCLAIR, Valerie	Pitsea Running Club	Female V55+	08:30.5	627	294
295	1:25:07	DOBBS, Patrick	Thurrock Harriers	Male V70+	08:30.6	560	295
296	1:25:14	COLLINS, Brian		Male V50+	08:31.3	641	296
297	1:25:41	KING, Sally	Witham Running Club	Female V45+	08:34.0	964	297
298	1:25:43	GRENVILLE, Mark		Male V40+	08:34.2	779	298
299	1:25:47	BARNARD, Ben		Senior Men	08:34.6	273	299

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<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Pace min/mile</i>	<i>Race No</i>	<i>Race Place</i>
300	1:25:49	FIRMAN, Marco	Braintree AC	Male V50+	08:34.8	216	300
301	1:25:53	LITTLESON, Dave	Springfield Striders	Male V40+	08:35.2	255	301
302	1:26:02	FOSKEW, Ian	Mid Essex Casuals	Male V50+	08:36.1	210	302
303	1:26:14	MOLE, Sarah	Colchester Harriers	Female V35+	08:37.3	686	303
304	1:26:19	GARBETT, Charles		Male V50+	08:37.8	574	304
305	1:26:19	GARBETT, Stephen		Senior Men	08:37.8	573	305
306	1:26:22	COLVILL, Susie		Female V45+	08:38.1	276	306
307	1:26:22	CORRICK, Graham		Male V40+	08:38.1	275	307
308	1:26:27	VEERASAMY, Kresh	Dagenham88 Runners	Senior Men	08:38.6	684	308
309	1:26:32	SAGGERS, Alan	Herts Phoenix Ac	Male V40+	08:39.1	647	309
310	1:26:34	BILLIS, Helen		Senior Women	08:39.3	693	310
311	1:26:44	CORDWELL, Julian	Harwich Runners	Male V60+	08:40.3	984	311
312	1:26:52	HILL, Chris	Halsted Road Runners	Male V50+	08:41.1	525	312
313	1:27:02	HUNTSMAN, Natalie		Female V35+	08:42.1	939	313
314	1:27:05	FIEULAIN, Alain		Male V40+	08:42.4	556	314
315	1:27:13	LONGHURST, Christopher	Braintree AC	Senior Men	08:43.2	569	315
316	1:27:13	DRINNAN, Cindy	Saffron Striders	Senior Women	08:43.2	270	316
317	1:27:16	GREEN, Sandra		Female V45+	08:43.5	725	317
318	1:27:19	READ, Niki	Leigh on Sea Striders	Senior Men	08:43.8	551	318
319	1:27:24	MILLS, Francis	Harwich Runners	Senior Men	08:44.3	516	319
320	1:27:31	SMITH, Anthony	Witham Running Club	Male V50+	08:45.0	619	320
321	1:27:37	OWEN, Martin	Great Bentley	Senior Men	08:45.6	504	321
322	1:27:38	MARK, Miriam	Great Bentley	Female V35+	08:45.7	749	322
323	1:27:50	PAYNE, Michelle		Female V45+	08:46.9	767	323
324	1:27:53	FOWLER, Shirley	Haverhill RC	Female V45+	08:47.2	983	324
325	1:27:56	TANNER, Ben		Senior Men	08:47.5	743	325
326	1:28:00	PEGNALL, Michael	Dagenham88 Runners	Senior Men	08:47.9	942	326
327	1:28:05	DENTON, David	Striders of Croydon	Male V50+	08:48.4	256	327
328	1:28:09	GOODE, Graham		Senior Men	08:48.8	296	328
329	1:28:12	BOULTON, Neill		Senior Men	08:49.1	692	329
330	1:28:14	HAYES, Tracy	Dagenham88 Runners	Female V35+	08:49.3	687	330
331	1:28:17	SPRING, Wendy	Harlow Running Club	Female V35+	08:49.6	811	331
332	1:28:23	IRVINE, Liz	Springfield Striders	Female V35+	08:50.2	952	332
333	1:28:40	LAMBERT, Chris	Braintree AC	Male V50+	08:51.9	612	333
334	1:28:40	MUNDAY, Mark	The Chubby Runners	Male V40+	08:51.9	506	334
335	1:28:41	GILES, Graham	The Chubby Runners	Senior Men	08:52.0	507	335
336	1:28:43	SMITH, Debbie	Harlow Running Club	Female V45+	08:52.2	804	336
337	1:28:47	PAGE, David	Harlow Running Club	Male V50+	08:52.6	708	337
338	1:28:56	HALE, Vanessa		Female V35+	08:53.5	835	338
339	1:28:57	BENSON, Andy		Male V40+	08:53.6	965	339
340	1:28:59	SCOTT-STEWART, Robert		Male V40+	08:53.8	623	340
341	1:29:04	FRAMPTON, Collette	Southend AC	Senior Women	08:54.3	631	341
342	1:29:05	LAURENCE, Charlotte	Springfield Striders	Senior Women	08:54.4	806	342
343	1:29:25	COOPER, Mandy	Benfleet Running Club	Female V45+	08:56.4	231	343
344	1:29:25	CHAPMAN, Bob	Benfleet Running Club	Male V50+	08:56.4	264	344
345	1:29:29	NORMANSELL, John		Male V50+	08:56.8	750	345
346	1:29:36	WARD, Mark		Male V40+	08:57.5	966	346
347	1:29:38	HAWKINS, Clair		Female V35+	08:57.7	659	347
348	1:29:41	ROUT, Bradley		Senior Men	08:58.0	557	348
349	1:29:42	HART, Stewart		Male V60+	08:58.1	559	349
350	1:29:45	SUNNER, Lisa		Female V35+	08:58.4	800	350
351	1:29:46	HOLDER, Julian	Pitsea Running Club	Male V40+	08:58.5	248	351
352	1:29:46	BRAME, Stephen	Springfield Striders	Male V40+	08:58.5	620	352
353	1:29:47	BENSON, James		Male V40+	08:58.6	845	353
354	1:30:09	BROWN, Kevin	Dagenham88 Runners	Male V50+	09:00.8	967	354
355	1:30:15	JONES, Helen		Female V45+	09:01.4	721	355
356	1:30:24	ROTHERO, Paula	Tiptree Road Runners	Female V45+	09:02.3	290	356
357	1:30:34	MASON, David	Springfield Striders	Male V40+	09:03.3	776	357
358	1:30:37	HOMER, Laura	Havering 90 Joggers	Female V35+	09:03.6	666	358
359	1:30:39	LOW, Jeanette		Female V35+	09:03.8	277	359
360	1:30:45	THOROGOOD, Keith	Halsted Road Runners	Male V50+	09:04.4	769	360

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361	1:30:48	SHANNON, Donah		Female V35+	09:04.7	689	361
362	1:30:55	ADDINGTON, Neil		Male V40+	09:05.4	694	362
363	1:30:56	KINGSTON, Cassandra	Dagenham88 Runners	Senior Women	09:05.5	632	363
364	1:31:04	NEWMAN-RUSSELL,	Southend AC	Female V45+	09:06.3	847	364
365	1:31:06	SARGOOD, Tamsin		Female V35+	09:06.5	643	365
366	1:31:08	BARNES, Becky	Witham Running Club	Senior Women	09:06.7	748	366
367	1:31:15	WYLIE, Karen		Female V45+	09:07.4	252	367
368	1:31:16	WYLIE, Andy		Male V50+	09:07.5	294	368
369	1:31:17	ALLEN, Justine	Thorndon Runners	Female V35+	09:07.6	241	369
370	1:31:17	THOMPSON-ROE, Tarnia	Benfleet Running Club	Female V35+	09:07.6	229	370
371	1:31:19	BRIGHT, Ian		Male V40+	09:07.8	714	371
372	1:31:23	BELLIEU, Natalie		Female V35+	09:08.2	660	372
373	1:31:24	SMITH, Paul		Male V40+	09:08.3	501	373
374	1:31:28	WETHERIDGE, Rachel		Senior Women	09:08.7	959	374
375	1:31:36	YORK, David	Billericay Striders	Male V40+	09:09.5	243	375
376	1:31:38	HAMPSHIRE, Susan	Billericay Striders	Female V55+	09:09.7	242	376
377	1:31:46	VEERASAMY, Timi Selon	Dagenham88 Runners	Female V55+	09:10.5	699	377
378	1:31:53	MOWLE, Debbie	Rochford Running Club	Female V45+	09:11.2	903	378
379	1:32:00	PEACOCK, Julie		Female V45+	09:11.9	535	379
380	1:32:00	BARRON, Soraya		Senior Women	09:11.9	901	380
381	1:32:02	BARRON, Steven		Senior Men	09:12.1	902	381
382	1:32:06	WETHERIDGE, Steven	London Fire Brigade	Male V50+	09:12.5	960	382
383	1:32:19	POOLER, Sophie	Springfield Striders	Female V35+	09:13.8	668	383
384	1:32:27	LAWSON, Stephen	Havering 90 Joggers	Male V50+	09:14.6	758	384
385	1:32:28	WHITING, Richard	Herts Phoenix Ac	Male V60+	09:14.7	648	385
386	1:32:30	HEWLETT, Helen	Saffron Striders	Female V55+	09:14.9	706	386
387	1:32:35	OLIVER, Tracy	Dagenham88 Runners	Female V35+	09:15.4	936	387
388	1:32:44	BROWN, Mark		Senior Men	09:16.3	825	388
389	1:32:59	HOOPER, Simon		Male V40+	09:17.8	753	389
390	1:33:03	BROOKER, David		Male V40+	09:18.2	828	390
391	1:33:07	BLACKSHAW, Emily		Senior Women	09:18.6	727	391
392	1:33:21	MCFARLANE, Joanne	Dagenham88 Runners	Female V35+	09:20.0	796	392
393	1:33:22	ROBINSON, Sharon	Dagenham88 Runners	Female V35+	09:20.1	715	393
394	1:33:23	SUTHERLAND, Fiona	Bishop Stortford Running Club	Female V55+	09:20.2	734	394
395	1:33:25	HESSEY, Ian		Male V50+	09:20.4	768	395
396	1:33:26	PURKISS, Michael	Halsted Road Runners	Male V60+	09:20.5	871	396
397	1:33:39	DAVIS, Rachael		Female V45+	09:21.8	863	397
398	1:33:39	BERRY, Simon		Male V40+	09:21.8	864	398
399	1:33:49	GLOVER, Simon	Cambridge and Coleridge	Male V50+	09:22.8	577	399
400	1:33:53	LAYTON, Bob		Male V60+	09:23.1	247	400
401	1:33:58	EASTER, Julia	Fell Runners Association	Female V45+	09:23.6	881	401
402	1:34:07	MUIRHEAD, Katie		Senior Women	09:24.5	274	402
403	1:34:09	PARRY, Karen		Female V35+	09:24.7	990	403
404	1:34:09	MORRIS, Audrey	Benfleet Running Club	Senior Women	09:24.7	227	404
405	1:34:16	DAVIDSON, David	Pitsea Running Club	Male V40+	09:25.4	537	405
406	1:34:23	DAVIS, Lauren		Senior Women	09:26.1	761	406
407	1:34:26	ATKINS, Carol	Halsted Road Runners	Female V45+	09:26.4	502	407
408	1:34:30	WALLER, Stewart	Witham Running Club	Male V60+	09:26.8	711	408
409	1:34:46	CORNELIUS, Neil		Male V40+	09:28.4	547	409
410	1:34:46	BOURNE, Emma		Senior Women	09:28.4	918	410
411	1:34:56	SEDGBEER, Anna	Bishop Stortford Running Club	Female V35+	09:29.4	829	411
412	1:35:03	HARROLD, Alison		Female V45+	09:30.1	284	412
413	1:35:07	PEARCE, Fiona		Female V45+	09:30.5	910	413
414	1:35:14	BOULTON, Norman		Male V40+	09:31.2	295	414
415	1:35:18	NEWMAN, Stuart		Male V40+	09:31.6	858	415
416	1:35:25	LIVINGS, Richard		Male V40+	09:32.3	298	416
417	1:35:27	HILL, Carol	Halsted Road Runners	Female V55+	09:32.5	524	417
418	1:35:51	BROWN, Sam		Female V35+	09:34.9	609	418
419	1:35:52	RISLEY, Karen	Bishop Stortford Running Club	Female V35+	09:35.0	866	419
420	1:35:54	MUIR, Carol	Ilford AC	Female V35+	09:35.2	726	420
421	1:36:02	LAW, Barbara	Great Bentley	Female V65+	09:36.0	671	421

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422	1:36:02	CROUCHMAN, Tim		Male V40+	09:36.0	836	422
423	1:36:03	BONNER, Pat		Male V50+	09:36.1	213	423
424	1:36:10	COTTON, Anthony	BRJ Run and Tri	Male V70+	09:36.8	710	424
425	1:36:12	WHEATLEY, Angela		Female V35+	09:37.0	5	425
426	1:36:32	DYTHAM, Jonathan		Senior Men	09:39.0	954	426
427	1:37:15	FULLER, Stephanie	Thames Valley Triathlete	Female V45+	09:43.3	756	427
428	1:37:20	EDWARDS, Duncan		Senior Men	09:43.8	797	428
429	1:37:37	FREWIN, Jacqueline	Dagenham88 Runners	Female V55+	09:45.5	968	429
430	1:37:43	CLARKE, Penelope	Witham Running Club	Female V45+	09:46.1	932	430
431	1:37:48	REILLY, Kate	Saffron Striders	Senior Women	09:46.6	853	431
432	1:37:49	POLLINGTON, Joanne	Saffron Striders	Senior Women	09:46.7	855	432
433	1:37:50	CHESTER, Nicola	Ilford AC	Female V35+	09:46.8	262	433
434	1:37:53	REILLY, Stephen		Senior Men	09:47.1	852	434
435	1:38:07	GAULD-CLARK, Colin	Bishop Stortford Running Club	Male V60+	09:48.5	549	435
436	1:38:07	GAULD-CLARK, Anne	Bishop Stortford Running Club	Female V65+	09:48.5	550	436
437	1:38:07	HINSLEY, Anna	Halsted Road Runners	Senior Women	09:48.5	712	437
438	1:38:11	ETHERDEN, John	Bishop Stortford Running Club	Male V60+	09:48.9	251	438
439	1:38:17	HARRISON, Deb	Braintree AC	Female V35+	09:49.5	760	439
440	1:38:17	HURLEY, Bernadette		Female V45+	09:49.5	541	440
441	1:38:17	WOOLNOUGH, Julia	Halsted Road Runners	Female V45+	09:49.5	953	441
442	1:38:25	HAMILL, Gary		Male V50+	09:50.3	572	442
443	1:38:26	CROSS, Danielle		Female V35+	09:50.4	739	443
444	1:38:26	BOULTWOOD, Sarah		Senior Women	09:50.4	624	444
445	1:38:36	DENBY, Tracey	Witham Running Club	Female V45+	09:51.4	764	445
446	1:38:42	HEWITT, Catherine	AM-P NATSIRT	Senior Women	09:52.0	911	446
447	1:38:43	NUNN, Jayne	Haverhill RC	Female V45+	09:52.1	591	447
448	1:38:43	NUNN, Richard	Haverhill RC	Male V40+	09:52.1	590	448
449	1:38:46	LANGRIDGE, Dave		Male V50+	09:52.4	658	449
450	1:40:15	EDWARDS, Nicki	The Commando Runners	Female V35+	10:01.3	519	450
451	1:40:34	THOMAS, Sue	Great Bentley	Female V45+	10:03.2	762	451
452	1:40:43	KAY, David		Senior Men	10:04.1	226	452
453	1:42:22	SALMON, Cathy	Leigh on Sea Striders	Female V45+	10:14.0	614	453
454	1:43:26	FIELD, Nicola	Dagenham88 Runners	Female V35+	10:20.4	645	454
455	1:43:52	PALMER-BARNES, Belinda		Female V45+	10:23.0	653	455
456	1:43:56	KIRBY, Amy		Senior Women	10:23.4	895	456
457	1:44:37	CRICK, Claire		Female V35+	10:27.5	744	457
458	1:45:18	KOHLER, Jane		Female V45+	10:31.6	695	458
459	1:45:45	HILL, Sara	Halsted Road Runners	Senior Women	10:34.3	523	459
460	1:45:57	KINGDOM, Liz		Female V45+	10:35.5	947	460
461	1:45:57	BROOKS, Ebru	Saffron Striders	Female V35+	10:35.5	736	461
462	1:46:22	BENTLEY, Simon	AM-P NATSIRT	Male V40+	10:38.0	914	462
463	1:46:40	TAYLOR, Keith		Male V40+	10:39.8	839	463
464	1:47:09	OLIVER, Hayley		Female V35+	10:42.7	908	464
465	1:47:15	ROBINSON, Christine	Bishop Stortford Running Club	Female V55+	10:43.3	608	465
466	1:47:15	AMOS, Mary	Bishop Stortford Running Club	Female V65+	10:43.3	869	466
467	1:47:51	HASKEY-JONES, Rose	Tiptree Road Runners	Female V45+	10:46.9	665	467
468	1:48:10	CLARK, Teresa		Female V45+	10:48.8	678	468
469	1:48:12	CARLIN, Sam	Essex Ladies	Female V35+	10:49.0	848	469
470	1:48:27	BASTIDAS TEKE, Carlos	Dagenham88 Runners	Male V50+	10:50.5	935	470
471	1:48:48	JOHNSON FELLAR, Michelle		Female V45+	10:52.6	680	471
472	1:48:49	O'DONOGHUE, Rebecca		Female V35+	10:52.7	681	472
473	1:48:49	ROBERTS, Michelle		Female V35+	10:52.7	538	473
474	1:49:47	MERRIFIELD, David		Male V60+	10:58.5	728	474
475	1:50:40	BONE, Matthew	Dunmow Triathlon Club	Male V40+	11:03.8	774	475
476	1:50:40	JOLLY, Kirsten	Dunmow Triathlon Club	Female V35+	11:03.8	775	476
477	1:51:05	CLIFTON, Karen	Benfleet Running Club	Female V35+	11:06.3	971	477
478	1:52:14	CHAPLIN, Stephanie		Female V45+	11:13.2	790	478
479	1:53:04	HAYNES, Helen		Senior Women	11:18.2	955	479
480	1:53:13	BUCK, Bryony		Senior Women	11:19.1	644	480
481	1:53:30	MILLER, Julie	Rochford Running Club	Female V45+	11:20.8	529	481
482	1:53:48	EDWARDS, Paula	Witham Running Club	Female V45+	11:22.6	212	482

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Provisional Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Pace min/mile</i>	<i>Race No</i>	<i>Race Place</i>
483	1:53:48	YAPP, Julie		Female V35+	11:22.6	738	483
484	1:54:43	JOHNSON, Ann	Witham Running Club	Female V45+	11:28.1	235	484
485	1:58:27	MENDHAM, Vivien		Female V55+	11:50.5	759	485
486	2:00:00	OLIVER, Stephen		Male V40+	11:59.8	907	486
487	2:00:58	MORRIS, Gwendolyn	The Commando Runners	Female V35+	12:05.6	520	487
488	2:01:58	BANNOCKS, Susan	Phoenix Striders	Female V45+	12:11.6	974	488
489	2:03:54	SANDERS, Rebecca	AM-P NATSIRT	Senior Women	12:23.2	913	489
490	2:08:33	METCALFE, Ruth	Great Bentley	Female V35+	12:51.1	949	490
491	2:09:33	MARTIN, Heidi	AM-P NATSIRT	Female V35+	12:57.1	912	491
492	2:10:00	EGBE, Rosemary	Collingwood	Female V45+	12:59.8	281	492

There were 492 finishers in the All Competitors category.

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