

Felsted 10K 2014 Felsted 10k 2014

Sunday 13 July 2014. 10:30 am

<u>Resu</u>	<u>lts for</u>	All Competitors in finish or	<u>rder.</u>		Race	Race
Place	Time	Name	Team	Race Age Category	No	Place
1		MYNOTT, Andrew	Springfield Striders	Senior Male	59	1
2	0:34:30	STEPTO, Emma	Cornwall AC	Female V35+	54	2
3	0:34:42	NEWTON, Mark	Springfield Striders	Senior Male	33	3
4	0:35:21	MURTAGH, Stephen	Harlow Running Club	Male V50+	193	4
5	0:35:39	RICE, Scott	Thurrock Harriers	Male V40+	311	5
6	0:36:17	LEGGATE, Bill	Cirencester AC	Senior Male	111	6
7	0:36:22	MARTIN, Lee	Springfield Striders	Male V40+	367	7
8	0:37:08	FORD, Mark	Ware Joggers	Senior Male	303	8
9	0:37:16	FARRER, Ty	Southend AC	Male V40+	94	9
10	0:37:17	DEARSLY, Nick		Senior Male	361	10
11	0:37:30	ALLEN, June	Springfield Striders	Female V35+	317	11
12	0:38:00	READE, Alan	Witham Running Club	Male V40+	20	12
13	0:38:09	LOWE, Rob	Harlow Running Club	Male V40+	373	13
14	0:38:18	FAULKNER, Ryan	Herts Phoenix Ac	Senior Male	224	14
15		DELANEY, Paul	Benfleet Running Club	Senior Male	21	15
16	0:39:04	CYL, Mark	Ware Joggers	Male V40+	138	16
17		BIRONNEAU, Michael	London Heathside	Senior Male	352	17
18		WIDDOWSON, Daniel		Senior Male	293	18
19		JEPHCOTT, Jamie	Harlow Running Club	Male V40+	334	19
20		BROCKBANK, Nikki	Springfield Striders	Female V35+	180	20
21		PARRY, Sion	Thrift Green Trotters	Male V40+	109	21
22		FLATT, Chris	6. 66 6.66	Senior Male	381	22
23		PETTIT, Stephen	Ely Runners	Male V40+	212	23
24		RUSSELL, John	Thurrock Harriers	Male V40+	331	24
25		TRENCHER, Nick	Thurrock Harriers	Male V40+	291	25
26		PARKER, Tarnya	Benfleet Running Club	Female V35+	157	26
27		HIGGS, Jamie	Ware Joggers	Senior Male	346	27
28		GUNNING, Tom	Springfield Striders	Senior Male	115	28
29		SYRETT, Jason	Thurrock Harriers	Male V40+	162	29
30		CHADWICK, Paul	Braintree AC	Senior Male	50	30
31		HILL, Justin	Ware Joggers	Male V40+	164	31
32		PITMAN, Gary	Rochford Running Club	Senior Male	297	32
33		DWIGHT, James	Ware Joggers	Senior Male	151	33
		LINTON, Ian			49	34
34		PLOWMAN, Barry	Tiptree Road Runners Braintree AC	Male V60+ Male V40+	116	35
35 36		JENKINSON, Anne	Southend AC	Female V35+	92	36
		-	Southerid AC			
37		QUEST, Jonathan	Covingsiald Chridaya	Male V50+	10	37
38		MERRILL, Michael	Springfield Striders	Senior Male	163	38
39		GRINT, Andy	Dunintura AC	Male V40+	217	39
40		COX, Anita	Braintree AC	Female V35+	362	40
41		SAVAGE, Malcolm	Springfield Striders	Male V60+	272	41
42		PORTER, Mark	The same of the same	Male V40+	40	42
43		DRAPER, Toby	Thurrock Harriers	Male V40+	289	43
44		DE GEA FERNANDEZ, Juan Jose		Senior Male	323	44
45	0:42:14	READ, Steven	Grange Farm and Dunmow Runners	Male V40+	341	45
46		HANDS, Kenneth	Springfield Striders	Male V40+	114	46
47	0:42:28	SALE, Rory		Senior Male	379	47
48	0:42:29	GEURTS, Gerard		Male V40+	45	48
49		LAYZELL, Ivan	Haverhill RC	Male V40+	140	49
50		MULLEY, Andrew		Male V40+	68	50
51	0:42:47	HUNT, Ian		Male V50+	329	51
52	0:42:55	DOWNING, Peter		Male V60+	227	52
53	0:42:57	FELSTEAD, James	London Heathside	Male V40+	55	53
54	0:42:58	BOYER, Ross	Braintree AC	Male V50+	201	54
55		SUMMERS, Dan	Springfield Striders	Senior Male	312	55
56		MONKTON, Michael	Southend AC	Senior Male	295	56
57		STONE, Glynn	Halsted Road Runners	Male V40+	202	57

^{*} RaceMaster98 from Sport Systems +44(0)870 5123 www.sportsystems.co.uk Webresults on www.runnerswebuk.com *

Resu	Its for	<u>All Competitors in finish o</u>	<u>rder.</u>		Race	Race
Place	Time	Name	Team	Race Age Category	No	Place
58		RODEN, Howard	Ware Joggers	Senior Male	266	58
59		CRISP, James		Senior Male	18	59
60		TENNANT, John	Harlow Running Club	Male V60+	145	60
61		HOWARD, Christine	Billericay Striders	Female V35+	325	61
62		WOLTON, Sam	Halsted Road Runners	Senior Male	319	62
63		BLYTH, Kenny	Ware Joggers	Male V60+	246	63
64		OAKMAN, Annette	Colchester Harriers	Female V35+	179	64
65		ALLOCCO, Andrea	Trilondon	Female V35+	294	65
66		FLYNN, Sean	Harlow Running Club	Male V50+	332	66
67		NEWMAN, Robin		Male V40+	375	67
68		JAMES, Andrew		Male V50+	296	68
69		HILSON, David		Male V50+	354	69
70		BILBEISI, Frias		Male V40+	360	70
71		THOMAS, Danielle		Senior Women	308	71
72		CLARK, James	Halsted Road Runners	Senior Male	77	72
73		MCMEEKIN, Stuart	Benfleet Running Club	Male V40+	93	73
74		GAYLER, Duncan		Male V40+	199	74
75		POULTER, Neil	Halsted Road Runners	Male V40+	128	75
76		HINSLEY, Paul	Halsted Road Runners	Male V50+	243	76
77		HILL, Raymond	Ipswich Jaffa	Male V60+	316	77
78		BULL, John	Harlow Running Club	Male V50+	307	78
79		HARDY, Daniel	Witham Running Club	Male V50+	98	79
80	0:45:14	SPICER, Katie	Leigh on Sea Striders	Female V35+	66	80
81	0:45:16	HOPKINS, Gary	new eltham joggers	Male V50+	209	81
82	0:45:26	LUCAS, Sian-Marie	Haverhill RC	Senior Women	175	82
83	0:45:39	HANDS, Nichola	Springfield Striders	Female V35+	113	83
84	0:45:44	BRONSON, Kathryn	Halsted Road Runners	Female V35+	76	84
85	0:45:45	DARLING, Mark		Male V40+	387	85
86	0:45:47	MCLEES, Beverley	Ware Joggers	Female V45+	305	86
87	0:45:51	REED, Chris	Pitsea Running Club	Male V60+	181	87
88	0:45:52	WARD, Chris	Braintree AC	Senior Male	56	88
89	0:45:53	ROLERKITE, Lindsay	Braintree AC	Female V45+	359	89
90	0:46:01	HAZELL, Wayne	Witham Running Club	Male V50+	129	90
91	0:46:02	FIDLER, Katy		Female V35+	65	91
92	0:46:03	SALE, Simon		Male V40+	380	92
93	0:46:18	THOMPSON, James	Braintree AC	Senior Male	41	93
94	0:46:28	KUMAR, Santosh	Harlow Running Club	Senior Male	102	94
95	0:46:33	HODGSON, Charlotte		Female V35+	35	95
96	0:46:34	JENKINS, David	Saint Edmunds Pacers	Male V50+	34	96
97	0:46:34	KOSTYRKA-ALLCHORNE, Kasia	Southend AC	Female V35+	52	97
98	0:46:36	HOUSDEN, Philip	Biggleswade AC	Male V60+	234	98
99	0:46:41	BRAZIER, Ian	Springfield Striders	Male V40+	63	99
100	0:46:47	PURBROOK, Clive	Newmarket Joggers	Male V50+	153	100
101	0:46:48	SAMBRIDGE, Richard		Senior Male	9	101
102	0:46:57	FULLERTON, Alan		Male V40+	189	102
103	0:47:19	GREEN, Phoenix		Senior Male	57	103
104	0:47:22	CAULFIELD, Michelle	Braintree AC	Female V45+	213	104
105	0:47:39	MCILVENNA, Hannah	Bishop Stortford Running Club	Female V35+	383	105
106	0:47:39	AYLING, Peter	Harlow Running Club	Male V50+	274	106
107	0:47:46	ROBERTSON, Mark	Rochford Running Club	Male V50+	326	107
108	0:47:54	JONES, Mark		Male V40+	324	108
109		GREENWOOD, Faye		Senior Women	230	109
110	0:48:09	LYONS, Daniel	Benfleet Running Club	Senior Male	240	110
111	0:48:17	BUGDEN, Steve	Springfield Striders	Male V50+	237	111
112		WADDINGHAM, Robert	Ware Joggers	Male V60+	136	112
113		MARSH, Kerry	Springfield Striders	Senior Women	261	113
114		WENMAN, Sarah	Springfield Striders	Female V35+	133	114
115		GORDON, Claire	Braintree AC	Female V35+	32	115
116		SMITH, Daniel	Halsted Road Runners	Senior Male	73	116
117		PAUL, Gary		Male V40+	245	117
118		ELLIS, Philip		Male V50+	168	118
119		MOODY, Colin	Harlow Running Club	Male V60+	146	119
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120	<u>Resu</u>	Its for	All Competitors in finisl			Race	Race
121 0.49-18 BELL, Carla Ware Joggers Fermale V49+ 154 121 122 0.49-93 HOLDEN, Hatthew Halsted Road Runners Senior Male V30+ 247 123 124 0.49-94 215 0.49-95 EDRNIS, Cilwe Male V40+ 127 124 125 0.49-95 DRNIS, Cilwe Halsted Road Runners Senior Women 79 126 127 0.49-95 DRNIS, Cilwe Halsted Road Runners Senior Women 79 126 127 0.49-95 DRNIS, Rose Halsted Road Runners Senior Women 79 126 127 0.49-95 STRIPP, Molle Developed Road Runners Senior Women 95 127 128 0.49-95 BRHAM, Mark Rochford Running Club Male V50+ 3 128 129 0.59-02 MAGON, David Springfield Striders Male V40+ 86 129 130 0.59-03 BARCHNON, Peter Male V50+ 159 131 131 0.59-03 BARCHNON, Peter Braintree AC Senior Male V30+ 159 131 132 0.59-10 SIELY, Gary Braintree AC Senior Male 271 132 0.59-10 SIELY, Gary Braintree AC Senior Male 339 133 0.59-11 SIELY, Gary Braintree AC Senior Male 339 133 0.59-11 SIELY, Gary Braintree AC Senior Male 339 133 0.59-11 AMIES, Debbie Ware Joggers Senior Male V50+ 225 134 135 0.59-014 MILSS, Debbie Ware Joggers Fermale V49+ 142 135 136 0.59-016 MILSON, David Harbor Running Club Male V50+ 248 136 137 0.59-017 DZFAU, Robin Harbor Running Club Male V50+ 382 137 138 0.59-024 RAULETT, John Ware Joggers Fermale V49+ 120 139 139 0.59-027 READITI, Janet Ware Joggers Fermale V49+ 120 139 139 0.59-027 READITI, Janet Ware Joggers Fermale V49+ 120 139 141 0.59-038 SILLATA, Allison Springfield Striders Fermale V49+ 120 134 149 0.59-034 CAMMERS, Simon Saffron Striders Fermale V49+ 121 149 141 0.59-034 CAMMERS, Simon Saffron Striders Fermale V49+ 121 149 141 0.59-034 CAMMERS, Simon Saffron Striders Fermale V49+ 131 146 0.59-034 CAMMERS, Simon Saffron Striders Fermale V49+ 131 146	Place		Name	Team		No	Place
122 0.493.8 HOLLINSHEAD, Damiel	120						
123 0-949-39 HODGE, Natthew			-				
124 0.49-94 DENNIS, CIWe			· · · · · · · · · · · · · · · · · · ·	Halsted Road Runners			
125 0-99-95 BUNNE, David			· · · · · · · · · · · · · · · · · · ·				
126 049:50 ATKINS, Rosie							
127 0.99:52 STRIPP, Molle	-						
128 0-99-54 BENHAM, Mark				Halsted Road Runners			
129 0.59.02 MASON, David Springfield Striders Male V40+ 188 129 131 130 0.59.03 PARRINSON, Peter PARRINSON, Peter Male V50+ 159 131 132 0.59.10 SBLEPY, Garry Braintree AC Serior Male 271 132 133 0.59.11 TYRER, James Ware Joggers Serior Male 239 133 134 0.59.11 TYRER, James Ware Joggers Serior Male 239 133 134 0.59.11 TYRER, James Ware Joggers Serior Male 239 133 135 0.59.14 AVIES, Debbie Ware Joggers Female V45+ 124 135 136 0.59.14 AVIES, Debbie Ware Joggers Female V45+ 142 135 136 0.59.14 AVIES, Debbie Ware Joggers Female V45+ 148 136 137 0.59.17 LOZEAU, Robin Harlow Running Club Male V50+ 382 137 138 0.59.27 SELVERTON, Ross Witham Running Club Male V50+ 7.13 138 0.59.27 SELVERTON, Ross Witham Running Club Male V50+ 7.13 139 0.59.27 SELOTIT, John Ware Joggers Female V45+ 100 139 140 0.59.28 MALETT, John Ware Joggers Senior Male 203 140 141 0.59.28 GILLAN, Allison Springfield Striders Female V45+ 197 141 142 0.59.34 HANLET, Colin Warford Male V60+ 2.64 142 143 0.59.42 PAGE, Janice Harlow Running Club Female V45+ 101 143 144 0.59.42 CHAMBERS, Simon Salfron Striders Male V40+ 333 144 145 0.59.47 WILSON, Sam Halsted Road Runners Serior Mole 20 140							
130 0.500.03 PARKINSON, Peter Male V40+ 158 130 131 0.550.06 BAZIEY, Bernard Male V50+ 159 131 132 0.550.11 TYRE, James Ware Joggers Senior Male 271 132 133 0.550.11 TYRE, James Ware Joggers Senior Male 339 133 134 0.550.13 FAULINGER, Stephen Herts Phoenix Ac Male V50+ 225 134 135 0.550.13 FAULINGER, Stephen Herts Phoenix Ac Male V50+ 225 134 135 0.550.14 AMIES, Debbie Ware Joggers Female V45+ 142 135 137 0.550.15 LOZEAIJ, Robin Hardow Running Club Male V50+ 382 137 138 0.550.24 SULVERTON, Ross Witham Running Club Male V50+ 7. 138 139 0.550.27 READITT, Janet Ware Joggers Female W45+ 120 139 140 0.550.28 MALLETT, John Ware Joggers Female W45+ 120 139 141 0.550.28 GILLAN, Allison Springfield Striders Female W45+ 127 141 0.550.28 GILLAN, Allison Springfield Striders Female W45+ 127 141 0.550.28 GILLAN, Allison Springfield Striders Female W45+ 127 141 0.550.28 CHARRERS, Simon Saffron Striders Male V40+ 333 144 0.550.34 CHARRERS, Simon Saffron Striders Male V40+ 333 144 0.550.35 CARBERTS, Simon Saffron Striders Male V40+ 333 144 0.550.57 LAWRENCE, Colin Warford Grange Farm and Dumnow Senior Women 31 146 0.550.34 CARBERTS, Grange Farm and Dumnow Senior Women 31 146 0.550.34 CARBERTS, Grange Farm and Dumnow Senior Women 31 146 0.550.34 CARBERTS, Grange Farm and Dumnow Senior Women 31 146 0.550.34 CARBERTS, Grange Farm and Dumnow Senior Women 31 146 0.550.34 CARBERTS, Grange Farm and Dumnow Senior Women 31 146 0.550.34 CARBERTS, Grange Farm and Dumnow Senior Momen 31 146 0.550.34 CARBERTS, Grange Farm and Dumnow Senior Momen 31 146 0.550.34 CARBERTS, Grange Farm and Dumnow Senior Momen 31 146 0.550.34 CARBERTS, Grange Farm and Dumnow Senior Momen 31 146 0.550.34 CARBERTS, Grange Farm and Dumnow							
131 0:50:08 BAZLEY, Bernard				Springfield Striders			
133 0:59:11 TYPER, James							
133 0.50:11 TYRER, James			•				
134 0.50:13 FAULKNER, Stephen							
135 0:50:14 AMIES, Debbie Ware Joggers Female V45+ 142 135 136 0:50:15 IVILSON, David Male V50+ 248 136 137 0:50:17 LOZEAU, Robin Harlow Running Club Male V50+ 382 137 138 0:50:24 SILVERTON, Ross Witham Running Club Male V60+ 7 138 139 0:50:27 READITT, Janet Ware Joggers Female V45+ 120 139 140 0:50:28 MALLETT, John Ware Joggers Senior Male 203 140 141 0:50:28 GILLAN, Allison Springfield Striders Female V45+ 197 141 142 0:50:34 HANLET, Colin Wartord Male V60+ 226 142 143 0:50:42 PAGE, Janice Harlow Running Club Female V45+ 101 143 144 0:50:43 CHAMBERS, Simon Saffron Striders Male V60+ 226 142 143 0:50:42 PAGE, Janice Harlow Running Club Female V45+ 101 143 145 0:50:47 WILSON, Sam Halsted Road Runners Senior Male 200 145 146 0:50:57 LAWRENCE, Colin Wartord Male V50+ 349 147 147 0:50:57 LAWRENCE, Colin Male V50+ 349 147 148 0:51:01 WALKER, Fiona Leigh on Sea Striders Female V45+ 67 148 149 0:51:09 POTTINIGER, Mark Male V40+ 13 150 151 0:51:19 BUNCE, Michael Male V50+ 323 151 150 0:51:19 BUNCE, Michael Male V50+ 340 153 151 0:51:14 WILLIAMSD, Susan Harlow Running Club Male V50+ 340 153 152 0:51:41 WILLIAMSD, Susan Harlow Running Club Male V50+ 340 153 153 0:51:43 SAVILLE, Graham Harlow Running Club Male V50+ 340 153 154 0:51:49 ENHAM, Nicci Roctiford Running Club Male V50+ 340 153 155 0:51:49 ENHAM, Nicci Roctiford Running Club Male V50+ 340 153 156 0:51:51 BRIGHT, Sephen Male V50+ 340 153 157 0:51:58 BALDING, Daily Senior Male 335 158 158 0:51:58 DAILONS, Wesley Senior Male 335 158 159 0:51:57 FIRADR, Aarlow Female V35+ 241 150 150 0:51:58 ROWE, Sam Ware Joggers Female V35+ 241 150 151 0:51:59 STANS, Wesley Senior Male 340 + 159 151 0:51:59 STANS, Wesley Senior Male 345 + 150 151 0:51:59 STANS, Wesley Senior Male 345 + 150 150 0:51:58 ROWE, Sam Ware Joggers Female V35+ 241 160							
136 0.501.16 WILSON, David							
137 0.59:17 LOZEAU, Robin	-			Ware Joggers			
138 0.50:24 SILVERTON, Ross Witham Running Club Male V60+ 7 138							
139 0.50:27 READITT, Janet Ware Joggers Female V45+ 120 139 140 0.50:28 MALLETT, John Ware Joggers Senior Male 203 140 141 0.50:28 GILLAN, Allison Springfield Striders Female V45+ 197 141 142 0.50:34 HAMLET, Colin Watford Male V60+ 226 142 143 0.50:42 PAGE, Janice Harlow Running Club Female V45+ 101 143 144 0.50:43 CHAMBERS, Simon Saffron Striders Male V40+ 333 144 145 0.50:47 WILSON, Sam Halsted Road Runners Senior Male 220 145 146 0.50:57 CARBETT, Leatitia Grange Farm and Dunmow Senior Women 31 146 147 0.50:57 LAWRENCE, Colin Male V50+ 349 147 148 0.51:01 WALKER, Flona Leigh on Sea Striders Female V45+ 67 148 0.51:01 WALKER, Flona Leigh on Sea Striders Female V45+ 67 148 0.51:09 POTTINGER, Mark Male V40+ 12 149 150 0.51:09 POTTINGER, Mark Male V40+ 13 150 151 0.51:19 BUNCE, Michael Male V40+ 13 150 151 0.51:14 MILLWARD, Susan Ware Joggers Female V35+ 302 152 153 0.51:43 SAVILLE, Graham Harlow Running Club Male V50+ 340 153 0.51:49 SENICH, Sahley Sudbury Joggers Senior Male 208 154 155 0.51:49 BEIGHT, Stephen Male V50+ 340 153 155 0.51:56 BALDING, Balay Senior Women 336 157 0.51:56 ATKINS, Wesley Senior Male 208 154 155 0.51:56 ATKINS, Wesley Senior Women 336 157 0.51:56 ATKINS, Wesley Senior Women 336 157 0.51:56 ATKINS, Wesley Senior Male 335 158 0.52:09 SARIORO, Louise Female V35+ 341 166 0.52:09 SARIORO, Louise Female V35+ 341 167				-			
140 0.50;28 MALLETT, John	-						
141 0.50;28 GILLAN, Allison							
142 0:50:34 HAMLET, Colin			75				
143 0:50:42 PAGE, Janice							
144 0:50:43 CHAMBERS, Simon Saffron Striders Male V40+ 333 144 145 0:50:47 WILLINGON, Sam Halsted Road Runners Senior Male 220 145 146 0:50:55 CARBETT, Laetitla Grange Farm and Dummow Senior Women 31 146 147 0:50:57 LAWRENCE, Colin Leigh on Sea Striders Female V45+ 67 148 147 0:50:59 DTITINGER, Mark Leigh on Sea Striders Female V45+ 67 148 149 0:51:09 POTTINGER, Mark Male V40+ 12 149 149 0:51:09 POTTINGER, Mark Male V40+ 13 150 0:51:19 BUNCE, Michael Male V50+ 235 151 152 0:51:14 MILLWARD, Susan Ware Joggers Female V35+ 302 152 153 0:51:43 SAVILLE, Graham Harlow Running Club Male V50+ 340 153 154 0:51:44 WILLINGS, Ashley Sudbury Joggers Senior Male 208 154 155 0:51:51 BRGHT, Stephen Stephen Senior Women 336 157 158 0:51:55 BALDING, Daley Senior Women 336 157 158 0:51:55 BARGHT, Stephen Halsted Road Runners Senior Male 335 158 0:51:55 ATKINS, Wesley Senior Male 335 158 0:51:57 HEARD, Aaron Halsted Road Runners Senior Male 74 159 160 0:51:58 ROWE, Sam Ware Joggers Female V45+ 141 160 161 0:52:00 SOMAROO, Louise Female V35+ 292 162 163 0:52:15 SMITH, Debbie Phoenix Striders Female V35+ 294 161 166 0:52:30 SOMAROO, Louise Female V35+ 294 162 163 0:52:15 SMITH, Debbie Phoenix Striders Female V35+ 315 165 166 0:52:33 CAULFIELD, Robert Braintree AC Male V50+ 100 168 164 0:52:55 PAGE, David Harlow Running Club Female V35+ 96 169 167 152:55 SMITH, Debbie Braintree AC Male V50+ 100 168 167 0:52:55 SMITH, Debbie Braintree AC Male V50+ 100 168 167 0:52:55 SMITH, Debbie Braintree AC Male V50+ 101 168 167 0:52:55 SMITH, Debbie Springfield Striders Female V35+ 96 169 169 0:52:55 SEPNININGTON, Gordon Halsted Road Runners Male V50+ 78 172 173 0:52:55 SEPNININ							
145 0:50:47 WILSON, Sam				-			
146 0:50:54 CORBETT, Laettitia Grange Farm and Dunmow Runners 31 146 147 0:50:57 LAWRENCE, Colin Male V50+ 349 147 148 0:51:01 WALKER, Flona Leigh on Sea Striders Female V45+ 67 148 149 0:51:09 POTTINGER, Mark Male V40+ 12 149 150 0:51:09 POTTINGER, Darren Male V40+ 13 150 151:09 POTTINGER, Darren Male V40+ 13 150 151:09 POTTINGER, Darren Male V50+ 235 151 151 152 0:51:19 BUNCE, Michael Male V50+ 235 151 152 0:51:41 MILLWARD, Susan Ware Joggers Female V35+ 302 152 153 0:51:43 SAVILLE, Graham Harlow Running Club Male V50+ 340 153 154 0:51:44 WILLINGS, Ashley Sudbury Joggers Senior Male 208 154 155 0:51:51 BRIGHT, Stephen Male V50+ 192 156 0:51:51 BRIGHT, Stephen Male V50+ 192 156 0:51:51 BRIGHT, Stephen Male V50+ 192 156 0:51:55 BAILDING, Daisy Senior Women 336 157 157 0:51:56 ATKINS, Wesley Senior Male 335 158 159 0:51:57 HEARD, Aaron Halsted Road Runners Senior Male 345 158 159 0:51:50 SOMAROO, Louise Female V35+ 141 160 161 0:52:00 SOMAROO, Louise Female V35+ 292 162 162 0:52:09 HALFPENNY, Clare Ware Joggers Female V35+ 292 162 163 0:52:15 MARINS, Josh Senior Male 206 164 165 0:52:33 CAULFIELD, Robert Braintree AC Male V50+ 214 166 167 0:52:47 ADEANE, Andrew Andr							
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148 0:51:01 WALKER, Fiona Leigh on Sea Striders Female V45+ 67 148 149 0:51:09 POTTINGER, Mark Male V40+ 12 149 150 0:51:09 POTTINGER, Darren Male V40+ 13 150 151 0:51:19 BUNCE, Michael Male V50+ 235 151 152 0:51:41 MILLWARD, Susan Ware Joggers Female V35+ 302 152 153 0:51:43 SAVILLE, Graham Harlow Running Club Male V50+ 340 153 154 0:51:44 WILLINGS, Ashley Sudbury Joggers Senior Male 208 154 155 0:51:49 BENHAM, Nicki Rochford Running Club Female V45+ 4 155 156 0:51:51 BRIGHT, Stephen Male V50+ 192 156 157 0:51:56 BALDING, Daisy Senior Women 336 157 158 0:51:56 ATRINS, Wesley Senior Male 335 158 159 0:51:57 HEARD, Aaron Halsted Road Runners Senior Male 335 158 159 0:51:58 ROWE, Sam Ware Joggers Female V45+ 141 160 161 0:52:00 SOMAROO, Louise Female V45+ 254 161 162 0:52:09 HALFPENNY, Clare Wars Joggers Female V35+ 254 161 162 0:52:09 HALFPENNY, Clare Wars Joggers Female V45+ 384 163 164 0:52:19 HARRIS, Josh Senior Male 206 164 165 0:52:32 MACDONALD, Cheryl Pitsa Running Club Female V55+ 315 165 165 0:52:33 CAULFIELD, Robert Braintree AC Male V50+ 214 166 167 0:52:37 ADALD, Cheryl Pitsa Running Club Female V45+ 315 165 165 0:52:33 CAULFIELD, Robert Braintree AC Male V50+ 20 171 170 0:52:55 PNININGTON, Gordon Male V40+ 6 167 170 0:52:55 PNININGTON, Gordon Male V40+ 290 171 171 0:52:55 PNINING	146	0:50:54	CORBETT, Laetitia		Senior Women	31	146
149 0:51:09 POTTINGER, Mark	147	0:50:57	LAWRENCE, Colin		Male V50+	349	147
150 0:51:09 POTTINGER, Darren	148	0:51:01	WALKER, Fiona	Leigh on Sea Striders	Female V45+	67	148
151 0:51:19 BUNCE, Michael	149	0:51:09	POTTINGER, Mark		Male V40+	12	149
152 0:51:41 MILLWARD, Susan Ware Joggers Female V35+ 302 152 153 0:51:43 SAVILLE, Graham Harlow Running Club Male V50+ 340 153 154 0:51:44 WILLINGS, Ashley Sudbury Joggers Senior Male 208 154 155 0:51:51 BENHAM, Nicki Rochford Running Club Female V45+ 4 155 156 0:51:51 BRIGHT, Stephen Male V50+ 192 156 157 0:51:56 BALDING, Daisy Senior Women 336 157 158 0:51:56 ATKINS, Wesley Senior Male 335 158 159 0:51:57 HEARD, Aaron Halsted Road Runners Senior Male 74 159 160 0:51:58 ROWE, Sam Ware Joggers Female V45+ 141 160 161 0:52:00 SOMAROO, Louise Female V35+ 254 161 161 0:52:00 SOMAROO, Louise Pemale V35+ 384 163 </td <td>150</td> <td>0:51:09</td> <td>POTTINGER, Darren</td> <td></td> <td>Male V40+</td> <td>13</td> <td>150</td>	150	0:51:09	POTTINGER, Darren		Male V40+	13	150
153 0:51:43 SAVILLE, Graham Harlow Running Club Male V50+ 340 153 154 0:51:44 WILLINGS, Ashley Sudbury Joggers Senior Male 208 154 155 0:51:49 BENHAM, Nicki Rochford Running Club Fermale V45+ 4 155 156 0:51:51 BRIGHOFT, Stephen Male V50+ 192 156 157 0:51:56 BALDING, Daisy Senior Women 336 157 158 0:51:56 BALDING, Daisy Senior Male 335 158 159 0:51:57 HEARD, Aaron Halsted Road Runners Senior Male 74 159 160 0:51:58 ROWE, Sam Ware Joggers Female V45+ 141 160 161 0:52:09 MALFPENNY, Clare Ware Joggers Female V45+ 141 160 162 0:52:09 HALFPENNY, Clare Ware Joggers Female V35+ 292 162 163 0:52:15 SMITH, Debbie Phoenix Striders <t< td=""><td>151</td><td>0:51:19</td><td>BUNCE, Michael</td><td></td><td>Male V50+</td><td>235</td><td>151</td></t<>	151	0:51:19	BUNCE, Michael		Male V50+	235	151
154 0:51:44 WILLINGS, Ashley Sudbury Joggers Senior Male 208 154 155 0:51:49 BENHAM, Nicki Rochford Running Club Female V45+ 4 155 156 0:51:51 BRIGHT, Stephen Male V50+ 192 156 157 0:51:56 BALDING, Dalsy Senior Women 336 157 158 0:51:56 BALDING, Dalsy Senior Momen 336 157 158 0:51:56 BALDING, Dalsy Senior Male 335 158 159 0:51:57 HEARD, Aaron Halsted Road Runners Senior Male 74 159 160 0:51:58 ROWE, Sam Ware Joggers Female V45+ 141 160 161 0:52:00 SOMAROO, Louise Female V35+ 254 161 162 0:52:09 HALFPENNY, Clare Ware Joggers Female V35+ 292 162 163 0:52:31 MALFPENNY, Clare Ware Joggers Female V35+ 292 162 163 164	152	0:51:41	MILLWARD, Susan	Ware Joggers	Female V35+	302	152
155 0:51:49 BENHAM, Nicki Rochford Running Club Female V45+ 4 155 156 0:51:51 BRIGHT, Stephen Male V50+ 192 156 157 0:51:56 BALDING, Daisy Senior Women 336 157 158 0:51:55 BAKTMIS, Wesley Senior Male 335 158 159 0:51:57 HEARD, Aaron Halsted Road Runners Senior Male 74 159 160 0:51:58 ROWE, Sam Ware Joggers Female V45+ 141 160 161 0:52:09 SCMARCO, Louise Female V35+ 254 161 162 0:52:09 PALFPENNY, Clare Ware Joggers Female V35+ 254 161 162 0:52:15 SMITH, Debbie Phoenix Striders Female V45+ 384 163 163 0:52:15 SMITH, Debbie Phoenix Striders Female V45+ 384 163 164 0:52:15 MACDONALD, Cheryl Pitsea Running Club Female V55+	153	0:51:43	SAVILLE, Graham	Harlow Running Club	Male V50+	340	153
156	154	0:51:44	WILLINGS, Ashley	Sudbury Joggers	Senior Male	208	154
157 0:51:56 BALDING, Daisy Senior Women 336 157	155			Rochford Running Club	Female V45+	4	155
158 0:51:56 ATKINS, Wesley Senior Male 335 158 159 0:51:57 HEARD, Aaron Halsted Road Runners Senior Male 74 159 160 0:51:58 ROWE, Sam Ware Joggers Female V45+ 141 160 161 0:52:00 SOMAROO, Louise Female V35+ 254 161 162 0:52:09 HALFPENNY, Clare Ware Joggers Female V35+ 292 162 163 0:52:15 SMITH, Debbie Phoenix Striders Female V45+ 384 163 164 0:52:19 HARRIS, Josh Senior Male 206 164 165 0:52:32 MACDONALD, Cheryl Pitsea Running Club Female V55+ 315 165 166 0:52:33 CAULFIELD, Robert Braintree AC Male V50+ 214 166 167 0:52:47 ADEANE, Andrew Male V40+ 6 167 168 0:52:50 PAGE, David Harlow Running Club Male V50+ 100	156	0:51:51	BRIGHT, Stephen		Male V50+	192	156
159 0:51:57 HEARD, Aaron Halsted Road Runners Senior Male 74 159 160 0:51:58 ROWE, Sam Ware Joggers Female V45+ 141 160 161 0:52:00 SOMAROO, Louise Female V35+ 254 161 162 0:52:09 HALFPENNY, Clare Ware Joggers Female V35+ 292 162 163 0:52:15 SMITH, Debbie Phoenix Striders Female V45+ 384 163 164 0:52:19 HARRIS, Josh Senior Male 206 164 165 0:52:32 MACDONALD, Cheryl Pitsea Running Club Female V55+ 315 165 166 0:52:33 CAULFIELD, Robert Braintree AC Male V50+ 214 166 167 0:52:47 ADEANE, Andrew Male V40+ 6 167 168 0:52:50 PAGE, David Harlow Running Club Male V50+ 100 168 169 0:52:51 POOLER, Sophie Springfield Striders Fema	157	0:51:56	BALDING, Daisy		Senior Women	336	157
160 0:51:58 ROWE, Sam Ware Joggers Female V45+ 141 160 161 0:52:00 SOMAROO, Louise Female V35+ 254 161 162 0:52:09 HALFPENNY, Clare Ware Joggers Female V35+ 292 162 163 0:52:15 SMITH, Debbie Phoenix Striders Female V45+ 384 163 164 0:52:19 HARRIS, Josh Senior Male 206 164 165 0:52:32 MACDONALD, Cheryl Pitsea Running Club Female V55+ 315 165 166 0:52:33 CAULFIELD, Robert Braintree AC Male V50+ 214 166 167 0:52:47 ADEANE, Andrew Male V40+ 6 167 168 0:52:50 PAGE, David Harlow Running Club Male V50+ 100 168 169 0:52:51 POOLER, Sophie Springfield Striders Female V35+ 96 169 170 0:52:55 PENNINGTON, Gordon Male V40+ 290	158	0:51:56	ATKINS, Wesley		Senior Male	335	158
161 0:52:00 SOMAROO, Louise Female V35+ 254 161 162 0:52:09 HALFPENNY, Clare Ware Joggers Female V35+ 292 162 163 0:52:15 SMITH, Debbie Phoenix Striders Female V45+ 384 163 164 0:52:19 HARRIS, Josh Senior Male 206 164 165 0:52:32 MACDONALD, Cheryl Pitsea Running Club Female V55+ 315 165 166 0:52:33 CAULFIELD, Robert Braintree AC Male V50+ 214 166 167 0:52:47 ADEANE, Andrew Male V40+ 6 167 168 0:52:50 PAGE, David Harlow Running Club Male V50+ 100 168 169 0:52:51 POOLER, Sophie Springfield Striders Female V35+ 96 169 170 0:52:54 SMITH, Debbie Harlow Running Club Female V45+ 70 170 171 0:52:55 PENNINGTON, Gordon Male V40+ <td< td=""><td>159</td><td>0:51:57</td><td>HEARD, Aaron</td><td>Halsted Road Runners</td><td>Senior Male</td><td>74</td><td>159</td></td<>	159	0:51:57	HEARD, Aaron	Halsted Road Runners	Senior Male	74	159
162 0:52:09 HALFPENNY, Clare Ware Joggers Female V35+ 292 162 163 0:52:15 SMITH, Debbie Phoenix Striders Female V45+ 384 163 164 0:52:19 HARRIS, Josh Senior Male 206 164 165 0:52:32 MACDONALD, Cheryl Pitsea Running Club Female V55+ 315 165 166 0:52:33 CAULFIELD, Robert Braintree AC Male V50+ 214 166 167 0:52:47 ADEANE, Andrew Male V40+ 6 167 168 0:52:50 PAGE, David Harlow Running Club Male V50+ 100 168 169 0:52:51 POOLER, Sophie Springfield Striders Female V35+ 96 169 170 0:52:54 SMITH, Debbie Harlow Running Club Female V45+ 70 170 171 0:52:55 PENNINGTON, Gordon Male V40+ 290 171 171 0:52:55 ATKINING, Carol Halsted Road Runners	160	0:51:58	ROWE, Sam	Ware Joggers	Female V45+	141	160
163 0:52:15 SMITH, Debbie Phoenix Striders Female V45+ 384 163 164 0:52:19 HARRIS, Josh Senior Male 206 164 165 0:52:32 MACDONALD, Cheryl Pitsea Running Club Female V55+ 315 165 166 0:52:33 CAULFIELD, Robert Braintree AC Male V50+ 214 166 167 0:52:47 ADEANE, Andrew Male V40+ 6 167 168 0:52:50 PAGE, David Harlow Running Club Male V50+ 100 168 169 0:52:51 POOLER, Sophie Springfield Striders Female V35+ 96 169 170 0:52:54 SMITH, Debbie Harlow Running Club Female V45+ 70 170 171 0:52:55 PENNINGTON, Gordon Male V40+ 290 171 171 0:52:55 PENNINGTON, Gordon Halsted Road Runners Male V50+ 78 172 173 0:52:55 ATKINS, Carol Halsted Road Runners <td>161</td> <td>0:52:00</td> <td>SOMAROO, Louise</td> <td></td> <td>Female V35+</td> <td>254</td> <td>161</td>	161	0:52:00	SOMAROO, Louise		Female V35+	254	161
164 0:52:19 HARRIS, Josh Senior Male 206 164 165 0:52:32 MACDONALD, Cheryl Pitsea Running Club Female V55+ 315 165 166 0:52:33 CAULFIELD, Robert Braintree AC Male V50+ 214 166 167 0:52:47 ADEANE, Andrew Male V40+ 6 167 168 0:52:50 PAGE, David Harlow Running Club Male V50+ 100 168 169 0:52:51 POOLER, Sophie Springfield Striders Female V35+ 96 169 170 0:52:54 SMITH, Debbie Harlow Running Club Female V45+ 70 170 171 0:52:55 PENNINGTON, Gordon Male V40+ 290 171 172 0:52:55 ATKINS, Carol Halsted Road Runners Male V50+ 78 172 173 0:52:57 STEPHENS, Matthew Ware Joggers Senior Male 219 173 174 0:53:03 BALHAM, Liz Female V35+ 2	162	0:52:09	HALFPENNY, Clare	Ware Joggers	Female V35+	292	162
165 0:52:32 MACDONALD, Cheryl Pitsea Running Club Female V55+ 315 165 166 0:52:33 CAULFIELD, Robert Braintree AC Male V50+ 214 166 167 0:52:47 ADEANE, Andrew Male V40+ 6 167 168 0:52:50 PAGE, David Harlow Running Club Male V50+ 100 168 169 0:52:51 POOLER, Sophie Springfield Striders Female V35+ 96 169 170 0:52:54 SMITH, Debbie Harlow Running Club Female V45+ 70 170 171 0:52:55 PENNINGTON, Gordon Male V40+ 290 171 172 0:52:55 ATKINS, Carol Halsted Road Runners Male V50+ 78 172 173 0:52:57 STEPHENS, Matthew Ware Joggers Senior Male 219 173 174 0:53:03 BULLEN, Andrew Senior Male 363 174 175 0:53:05 BAALHAM, Liz Female V35+ 233 175 176 0:53:16 LEWIS, Richard Wit	163			Phoenix Striders	Female V45+	384	163
166 0:52:33 CAULFIELD, Robert Braintree AC Male V50+ 214 166 167 0:52:47 ADEANE, Andrew Male V40+ 6 167 168 0:52:50 PAGE, David Harlow Running Club Male V50+ 100 168 169 0:52:51 POOLER, Sophie Springfield Striders Female V35+ 96 169 170 0:52:54 SMITH, Debbie Harlow Running Club Female V45+ 70 170 171 0:52:55 PENNINGTON, Gordon Male V40+ 290 171 172 0:52:55 ATKINS, Carol Halsted Road Runners Male V50+ 78 172 173 0:52:57 STEPHENS, Matthew Ware Joggers Senior Male 219 173 174 0:53:03 BULLEN, Andrew Senior Male 363 174 175 0:53:05 BAALHAM, Liz Female V35+ 233 175 176 0:53:16 LEWIS, Richard Witham Running Club Senior Male 310 176 178 0:53:22 BRIGGS, James Haverhi	164	0:52:19	HARRIS, Josh		Senior Male	206	164
167 0:52:47 ADEANE, Andrew Male V40+ 6 167 168 0:52:50 PAGE, David Harlow Running Club Male V50+ 100 168 169 0:52:51 POOLER, Sophie Springfield Striders Female V35+ 96 169 170 0:52:54 SMITH, Debbie Harlow Running Club Female V45+ 70 170 171 0:52:55 PENNINGTON, Gordon Male V40+ 290 171 172 0:52:55 PENNINGTON, Gordon Male V50+ 78 172 173 0:52:55 ATKINS, Carol Halsted Road Runners Male V50+ 78 172 173 0:52:57 STEPHENS, Matthew Ware Joggers Senior Male 219 173 174 0:53:03 BULLEN, Andrew Senior Male 363 174 175 0:53:05 BAALHAM, Liz Female V35+ 233 175 176 0:53:16 LEWIS, Richard Witham Running Club Senior Male 310 176 178 0:53:22 BRIGGS, James Haverhill RC Senior	165			Pitsea Running Club	Female V55+	315	165
168 0:52:50 PAGE, David Harlow Running Club Male V50+ 100 168 169 0:52:51 POOLER, Sophie Springfield Striders Female V35+ 96 169 170 0:52:54 SMITH, Debbie Harlow Running Club Female V45+ 70 170 171 0:52:55 PENNINGTON, Gordon Male V40+ 290 171 172 0:52:55 ATKINS, Carol Halsted Road Runners Male V50+ 78 172 173 0:52:57 STEPHENS, Matthew Ware Joggers Senior Male 219 173 174 0:53:03 BULLEN, Andrew Ware Joggers Senior Male 363 174 175 0:53:05 BAALHAM, Liz Female V35+ 233 175 176 0:53:16 LEWIS, Richard Witham Running Club Senior Male 310 176 177 0:53:17 CLOUSTON, Jamie Senior Male 286 177 178 0:53:22 BRIGGS, James Haverhill RC Senior Male 204 178 179 0:53:23 MOSS,	166	0:52:33	CAULFIELD, Robert	Braintree AC	Male V50+	214	
169 0:52:51 POOLER, Sophie Springfield Striders Female V35+ 96 169 170 0:52:54 SMITH, Debbie Harlow Running Club Female V45+ 70 170 171 0:52:55 PENNINGTON, Gordon Male V40+ 290 171 172 0:52:55 ATKINS, Carol Halsted Road Runners Male V50+ 78 172 173 0:52:57 STEPHENS, Matthew Ware Joggers Senior Male 219 173 174 0:53:03 BULLEN, Andrew Senior Male 363 174 175 0:53:05 BAALHAM, Liz Female V35+ 233 175 176 0:53:16 LEWIS, Richard Witham Running Club Senior Male 310 176 179 0:53:17 CLOUSTON, Jamie Senior Male 286 177 179 0:53:23 MOSS, Joshua Haverhill RC Senior Male 366 179	167				Male V40+	6	167
170 0:52:54 SMITH, Debbie Harlow Running Club Female V45+ 70 170 171 0:52:55 PENNINGTON, Gordon Male V40+ 290 171 172 0:52:55 ATKINS, Carol Halsted Road Runners Male V50+ 78 172 173 0:52:57 STEPHENS, Matthew Ware Joggers Senior Male 219 173 174 0:53:03 BULLEN, Andrew Senior Male 363 174 175 0:53:05 BAALHAM, Liz Female V35+ 233 175 176 0:53:16 LEWIS, Richard Witham Running Club Senior Male 310 176 177 0:53:17 CLOUSTON, Jamie Senior Male 286 177 178 0:53:22 BRIGGS, James Haverhill RC Senior Male 204 178 179 0:53:23 MOSS, Joshua Senior Male 366 179	168			Harlow Running Club	Male V50+	100	
171 0:52:55 PENNINGTON, Gordon Male V40+ 290 171 172 0:52:55 ATKINS, Carol Halsted Road Runners Male V50+ 78 172 173 0:52:57 STEPHENS, Matthew Ware Joggers Senior Male 219 173 174 0:53:03 BULLEN, Andrew Senior Male 363 174 175 0:53:05 BAALHAM, Liz Female V35+ 233 175 176 0:53:16 LEWIS, Richard Witham Running Club Senior Male 310 176 177 0:53:17 CLOUSTON, Jamie Senior Male 286 177 178 0:53:22 BRIGGS, James Haverhill RC Senior Male 204 178 179 0:53:23 MOSS, Joshua Senior Male 366 179	169		-	. 5	Female V35+	96	
172 0:52:55 ATKINS, Carol Halsted Road Runners Male V50+ 78 172 173 0:52:57 STEPHENS, Matthew Ware Joggers Senior Male 219 173 174 0:53:03 BULLEN, Andrew Senior Male 363 174 175 0:53:05 BAALHAM, Liz Female V35+ 233 175 176 0:53:16 LEWIS, Richard Witham Running Club Senior Male 310 176 177 0:53:17 CLOUSTON, Jamie Senior Male 286 177 178 0:53:22 BRIGGS, James Haverhill RC Senior Male 204 178 179 0:53:23 MOSS, Joshua Senior Male 366 179	170	0:52:54	SMITH, Debbie	Harlow Running Club	Female V45+	70	170
173 0:52:57 STEPHENS, Matthew Ware Joggers Senior Male 219 173 174 0:53:03 BULLEN, Andrew Senior Male 363 174 175 0:53:05 BAALHAM, Liz Female V35+ 233 175 176 0:53:16 LEWIS, Richard Witham Running Club Senior Male 310 176 177 0:53:17 CLOUSTON, Jamie Senior Male 286 177 178 0:53:22 BRIGGS, James Haverhill RC Senior Male 204 178 179 0:53:23 MOSS, Joshua Senior Male 366 179	171				Male V40+		171
174 0:53:03 BULLEN, Andrew Senior Male 363 174 175 0:53:05 BAALHAM, Liz Female V35+ 233 175 176 0:53:16 LEWIS, Richard Witham Running Club Senior Male 310 176 177 0:53:17 CLOUSTON, Jamie Senior Male 286 177 178 0:53:22 BRIGGS, James Haverhill RC Senior Male 204 178 179 0:53:23 MOSS, Joshua Senior Male 366 179			-				
175 0:53:05 BAALHAM, Liz Female V35+ 233 175 176 0:53:16 LEWIS, Richard Witham Running Club Senior Male 310 176 177 0:53:17 CLOUSTON, Jamie Senior Male 286 177 178 0:53:22 BRIGGS, James Haverhill RC Senior Male 204 178 179 0:53:23 MOSS, Joshua Senior Male 366 179			•	Ware Joggers			
176 0:53:16 LEWIS, Richard Witham Running Club Senior Male 310 176 177 0:53:17 CLOUSTON, Jamie Senior Male 286 177 178 0:53:22 BRIGGS, James Haverhill RC Senior Male 204 178 179 0:53:23 MOSS, Joshua Senior Male 366 179							
177 0:53:17 CLOUSTON, Jamie Senior Male 286 177 178 0:53:22 BRIGGS, James Haverhill RC Senior Male 204 178 179 0:53:23 MOSS, Joshua Senior Male 366 179	-						
178 0:53:22 BRIGGS, James Haverhill RC Senior Male 204 178 179 0:53:23 MOSS, Joshua Senior Male 366 179				Witham Running Club			
179 0:53:23 MOSS, Joshua Senior Male 366 179	177		•				
				Haverhill RC			
180 0:53:45 COOK, Wayne Male V40+ 264 180	179						
	180	0:53:45	COOK, Wayne		Male V40+	264	180

^{*} RaceMaster98 from Sport Systems +44(0)870 5123 www.sportsystems.co.uk Webresults on www.runnerswebuk.com *

Resu	Its for	All Competitors in finish	order.		Race	Race
Place	Time	Name	Team	Race Age Category	No	Place
181		FAULKNER, Hayley	Fairlands Valley Spartans	Senior Women	351	181
182	0:53:55	LONGHURST, Christopher	Braintree AC	Senior Male	82	182
183		FIRMAN, Marco	Braintree AC	Male V50+	81	183
184	0:53:57	ELDER, Bruce		Male V40+	288	184
185		CATT, Lorna		Female V45+	83	185
186		BRAME, Stephen	Springfield Striders	Male V40+	1	186
187		GREEN, Sandra		Female V45+	58	187
188		CHAMBERS, Samantha		Female V35+	357	188
189		MOSS, Richard		Male V50+	38	189
190		HOWES, Allie		Female V35+	155	190
191		HILL, Chris	Halsted Road Runners	Male V50+	259	191
192		COCKLIN, Paul	Ware Joggers	Male V50+	278	192
193		HART, Clifford		Male V40+	236	193
194		HILSON, Nicola		Female V45+	353	194
195		WHITING, Richard	Herts Phoenix Ac	Male V60+	232	195
196		AITKEN, Michelle	Harlow Running Club	Senior Women	229	196
197		REGAN, Chris		Male V40+	22	197
198	0:54:55	CORBETT, Tara	Grange Farm and Dunmow	Female V35+	30	198
			Runners			
199		BUGDEN, James		Senior Male	238	199
200		JOHN, Patrick		Senior Male	374	200
201		MOORE, Katherine		Female V35+	143	201
202		WREN, Jane	Ware Joggers	Female V45+	327	202
203		HARRISON, Deb	Braintree Road Running	Female V35+	44	203
204		BARRY, Debbie	Harlow Running Club	Female V45+	15	204
205		BABU, Venkatesha		Male V50+	350	205
206		TRIBLEY, Elaine	Springfield Striders	Female V45+	19	206
207		HARRINGTON, Kerry		Female V35+	321	207
208		FRUISH, Glenn		Male V50+	228	208
209		JARVIS, Trish		Female V45+	281	209
210		AXFORD, Chris		Male V40+	282	210
211		BROCKER, David		Male V40+	265	211
212		MULLEY, Annette		Female V35+	69	212
213		HOWE, Theresa	Pitsea Running Club	Female V45+	46	213
214		LIDLOW, Samantha		Female V35+	170	214
215		GOODWIN, Louise		Female V45+	169	215
216		WHELAN, Jill		Female V45+	195	216
217		JOYCE, Simon	Ware Joggers	Male V40+	210	217
218		GOODWIN, Sarah	Springfield Striders	Female V45+	190	218
219		MANSER, Jude	Ware Joggers	Female V55+	107	219
220		CATT, Brian		Male V60+	320	220
221		BRIGGS, Karen		Female V45+	275	221
222		GILL, Martin		Male V50+	348	222
223		RIVETT, Chris		Male V50+	263	223
224		DARLING, Nicola		Female V35+	283	224
225		BENNETT, Nick		Male V50+	62	225
226		HUDSON, Phil	Ware Joggers	Male V50+	167	226
227		HEARD, Brigitte	Haverhill RC	Female V45+	222	227
228		HOSKYN, John	Springfield Striders	Male V60+	161	228
229		READ, Jennifer		Female V45+	342	229
230		ROWE, Julie	Ware Joggers	Female V45+	150	230
231		STRIPP, Ian		Male V40+	135	231
232		HURLEY, Anna		Senior Women	300	232
233		BALDING, Kevin		Male V50+	337	233
234		LENS, Darren		Male V40+	125	234
235		PIKE, Terry	Harlow Running Club	Male V50+	103	235
236		EVANS, Jane	Harlow Running Club	Female V45+	318	236
237		NICHOLS, Terry	Ware Joggers	Male V70+	177	237
238		ROTHON, Gary		Male V40+	345	238
239		POLLARD, Nick		Male V50+	344	239
240		RANDALL, Alan	Ware Joggers	Male V50+	328	240
241	U:5/:45	DALRYMPLE, Anna		Female V35+	112	241

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		All Competitors in finish orde			Race	Race
Place	Time	Name	Team	Race Age Category	No	Place
242		COTTIS, Kevin		Male V40+	249	242
243		UNDERHILL, Lee		Male V40+	250	243
244		SHORT, Hannah		Senior Women	205	244
245		NAMAN, Colin	Ware Joggers	Male V60+	280	245
246		OWEN, Sarah	British Athletics Supporters Club	Female V45+	191	246
247		MOORE, Danel	11 1:11 P.C	Senior Male	122	247
248		SYMONDS, Janet	Haverhill RC	Female V35+	174	248
249		BUDD, Nicholas	DI COLL	Male V40+	376	249
250		HAWKINS, Nicola	Phoenix Striders	Female V45+	385	250
251		LAURENCE, Charlotte	Springfield Striders	Senior Women	53	251
252		FRYATT, Alison	Barking Road Runners	Female V45+	256	252
253		FARRAR, Ian		Male V50+	84	253
254		WADDINGHAM, Margaret	Ware Joggers	Female V65+	137	254
255		SPOONER, Helen	Haverhill RC	Female V45+	218	255
256		HILDYARD, Glenn		Male V40+	211	256
257		LACEY, Claire	C 15 1	Senior Women	152	257
258		LAW, Barbara	Great Bentley	Female V65+	267	258
259		CANNON, Rachel		Female V35+	368	259
260		BADDELEY, Tanya	\M 1	Female V35+	370	260
261		NICHOLS, Claire	Ware Joggers	Female V35+	171	261
262		BUTCHER, John	Ware Joggers	Male V70+	166	262
263		GLOVER, Simon	Cambridge and Coleridge	Male V50+	239	263
264		REEVES, Michelle	TI '0 C T II	Female V35+	14	264
265		SMITH, Mary	Thrift Green Trotters	Female V35+	64	265
266		BUIST, Hazel	Halsted Road Runners	Senior Women	80	266
267		BURNHAM, Richard	Halsted Road Runners	Senior Male	139	267
268		PEACOCK, Robert		Male V60+	377	268
269		CALVER, Vicky	Harlow Running Club	Female V35+	37	269
270		PEARCE, Fiona		Female V45+	89	270
271		HOLLINSHEAD, Megan	Halsted Road Runners	Senior Women	364	271
272		BONNAR, Pat		Male V50+	388	272
273		KEMSLEY, Andy		Male V40+	147	273
274		KEMSLEY, Ben	Wall B : Cl l	Senior Male	148	274
275		POTTER, Charlotte	Witham Running Club	Senior Women	132	275
276		RIEGMAN, Kimberley	Springfield Striders	Senior Women	306	276
277		JEWISS, Mark		Senior Male	301	277
278		THOMAS, Laura		Senior Women	343	278
279		RICCA, Jessica		Senior Women	126	279
280		FORTUNA, Nia	Halsted Road Runners	Female V35+	165	280
281		JACKSON, Michael		Male V60+	358	281
282		TAYLOR, Lin		Female V35+	285	282
283		TAYLOR, Jessica	Ware Joggers	Senior Women	304	283
284		HILL, Carol	Halsted Road Runners	Female V55+	260	284
285		LANGLEY, Jennifer	Halsted Road Runners	Senior Women	176	285
286		JONES, Isobel	Billericay Striders	Senior Women	371	286
287		JONES, Graham	Billericay Striders	Male V50+	369	287
288		DUFFIELD, Roger	Tiptree Road Runners	Male V70+	223	288
289		NIGHTINGALE, Shelley		Senior Women	273	289
290		PRENTICE, Junita	Handani Dinania a Club	Female V35+	24	290
291		GALOPPI, Paulene	Harlow Running Club	Senior Women	183	291
292 293		MORECROFT, Louise		Female V35+ Male V50+	200	292 293
		TYLER, Kevin	Dayling Dand Dumpeys			
294		COURTIER, Robert	Barking Road Runners	Male V50+	338	294
295		SYKES, Amanda POSE Laclay	Ware Joggers	Female V35+	330 178	295
296		ROSE, Lesley		Female V45+		296
297		POWELL, Lauren		Female V45+	123	297
298		WRAIGHT, Louise		Female V45+	355	298
299		STEPHENS, Richard		Male V50+	322	299
300		TAYLOR, Gwen		Female V45+	356	300
301		RONDELLI, Dario	Wara laggers	Male V40+	124	301
302		ROWE, Vibeke SMITH, Yasmin	Ware Joggers	Female V65+ Senior Women	134 215	302
503	1.07.13	JULIU, Idamiii		JOHOL VVOITICH	213	503

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<u>Resu</u>	Its for	All Competitors in finish orde	<u>r.</u>		Race	Race
Place	Time	Name	Team	Race Age Category	No	Place
304	1:07:28	HAWKINS, Rhys	Phoenix Striders	Senior Male	386	304
305	1:07:39	SMITH, Tanya		Female V35+	216	305
306	1:10:03	BOTT, Natalie		Senior Women	372	306
307	1:10:09	BUSH, John		Male V50+	42	307
308	1:10:16	GAYLER, Kieran		Senior Male	87	308
309	1:12:09	NEWTON, Sarah	Springfield Striders	Senior Women	347	309
310	1:12:19	HAMM, Mario	Ware Joggers	Male V40+	276	310
311	1:15:20	GURNEY, Julie		Female V45+	277	311
312	1:15:52	FRANKLIN, Gordon		Male V70+	309	312
313	1:17:35	HEYWOOD, John	Ware Joggers	Male V70+	198	313
314	1:19:11	PEACOCK, Sally		Female V55+	378	314
315	1:20:52	STRINGER, Roy	Ware Joggers	Male V70+	187	315
316	1:22:04	PENGELLY, Nicola-Ann		Female V45+	258	316
317	1:22:50	MURPHY, Alan	Barking Road Runners	Male V60+	268	317
318	1:24:25	STRINGER, Valerie	Ware Joggers	Female V65+	188	318

There were 318 finishers in the All Competitors category.

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