

## Great Dunmow to High Roding (& back) Trail

from Saracen's Head Hotel, High Street, Great Dunmow  
(Approximately 9.5 miles)

### Legend

L left, R right, TL turn left, TR turn right, BL bear left, BR bear right, X cross, HG hedge gap, LHFE left hand field edge, RHFE right hand field edge, FC field corner, RD road, RB road bridge, FB foot bridge, TK track, EP enclosed path, ST stile, JUNC junction, FPS footpath sign, WM way marker, BWS by-way/bridle-way sign, SA straight ahead, THRU through, CONT continue, IMM immediately

- 1. Leave from back of hotel, TL into Standrums. At end of RD BR to EP between houses. TL along EP & at Cycle WM BL to RD. TR along RD, and as RD turns R, BL between bollards to EP by red bin. X RB and TR along EP. X FB & SA up steps along path with wood to R. At end of path TL onto EP to RD. X RD (**CARE**), TR & X RB. CONT SA at RD JUNC. At FPS (end of wooden fence) TL onto path THRU wood.**
- 2. WM SA, WM X FB, up steps, WM SA & X ST into field. TR onto RHFE, X ST & CONT on RHFE. BR by metal bin between trees to WM & BL onto RHFE. At WM FC SA on RHFE & in FC TL with RHFE. TR THRU HG & IMM turn R & L onto LHFE. TL with LHFE to RD.**
- 3. TR along RD & at RD JUNC TL. At FPS TL, THRU gate (WM) & SA towards L of conifer hedge. THRU gate (WM), X gravel, SA & THRU 5-bar gate to WM. X field to electricity pole, BR to next pole, CONT half-way to 3<sup>rd</sup> pole & BR across field to FC (HG & FPS). BR along RD (ignore BWSs at X RDs). TL along RD (Dove Lane only) & SA passing FPS.**
- 4. CONT SA along TK & at FPS SA between fields. FC SA on RHFE, turning R & L with RHFE. X FB & SA across field. THRU HG (WM) onto RHFE to RD. TR along RD & at FPS TL onto TK. At WM TR & X field towards large willow tree. Join RHFE to FC, X FB & SA along RD. At JUNC TR along RD to JUNC.**

5. X RD (**CARE**) & TL along pavement. At FPS TR into car park & SA onto RHFE. At WM TR, X FB onto LHFE. WM TL, X FB onto RHFE, WM TR, X FB & TL onto LHFE. At WM SA on LHFE, WM X FB & WM SA with ditch to R. At WM BR across field to corner of hedge (WM) & X FB onto RHFE. At WM BR with green sheds to R. TR alongside last shed to WM. TR on RHFE to EP to WM & TL along drive.
6. THRU metal gate, CONT along RD, pass church & IMM TR alongside white house along path over rough ground into church yard & TL. THRU gap in metal fence & X FB onto LHFE to RD. X RD to FPS & along concrete TK. At HG TR to WM & SA on path between fields. At hedge TL onto RHFE, turning R & L with RHFE. TR THRU HG to RD.
7. TL along RD &, at FPS on R, TR onto EP & SA into wood. Follow marked path (footpath signs) & X FB into field. TR onto RHFE to WM & TL across field towards L of building with black roof.
8. SA on RHFE (wire fence to R), X TK to WM, CONT on RHFE with fence to R & TL along drive. At FPS SA along RD, at BWS TL & SA along TK. TR X RB & SA along TK.
9. TR THRU gate (WM) onto EP (Flitch Way). At FPS TL, down steps & X RD (**CARE**) to FPS. Up steps, SA between houses & SA on EP between hedges. SA along RD & at FPS TR onto EP. At WM by red bin TL between houses & SA along RD to Saracen's Head on R.