

Grange Farm & Dunmow Runners

Roding Trail

From The Black Lion, The Street, High Roding, CM6 1NT
(6.8 miles)

Legend

BL bear left, BR bear right, BWS by-way/bridleway sign, CONT continue, EP enclosed path, FB foot bridge, FC field corner, FPS footpath sign, HG hedge gap, JUNC junction, L left, LHFE left hand field edge, R right, RD road, RHFE right hand field edge, SA straight ahead, THRU through, TK track, TL turn left, TR turn right, WM way marker, X cross

- 1. Leave from back of pub. THRU gate (WM), X grass to HG & TL onto LHFE. At WM TR, X field to WM & TR onto LHFE. WM SA to WM FC & X FB onto LHFE. WM SA for ~150 m across field to path JUNC. TR across field & SA on EP to RD. X RD (*CARE*), TR along RD, TL into Owers Place, turn first L along RD & SA between houses. X FB onto LHFE & CONT SA across field.**
- 2. TR along TK to WM & TL onto RHFE. WM SA, BR to TK (WM) & TR along TK. TR along TK (by house) & TR with TK on RHFE. CONT SA along TK to RD (BWS).**
- 3. TL along RD & at 2nd FPS TL to WM & SA onto LHFE (ditch to L). FC TR on LHFE (ditch to L) & TL X FB to WM onto RHFE to RD. TR along RD.**

4. TR THRU wide HG (opposite Yeomans). SA across field on path & BL with path. X ditch & TL onto LHFE (ditch to L). At path JUNC (~300m) TR across field (currently overplanted with crops) & SA on RHFE (ditch to R) to RD (FPS). TR along RD for ~25m & X RD (*CARE*) to FPS. X FB onto LHFE.

 5. FC (WM) TR on LHFE, SA THRU HG on LHFE to WM onto TK to RD. TL along RD, pass church & SA along TK. BR to WM onto EP to WM onto RHFE. FC (WM) X FB & TR onto RHFE. FC TL (ditch to R) to WM.

 6. TR onto LHFE, SA at WM & TR at WM onto LHFE (ditch to L). FC (WM) X FB & SA onto RHFE. At WM TR X FB to WM onto LHFE & SA along TK. WM CONT SA along TK.

 7. Just before barns, at WM TL, X field to WM & TL onto RHFE. FC (WM) TR THRU HG & TL onto LHFE to WM. TR across field to WM & TL onto RHFE. At WM TR X grass back to pub.
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