

Grange Farm and Dunmow Runners

Rivers Run

(7.4 miles)

The Stag, Duck Street, Little Easton, CM6 2JE

Legend

BL bear left, BR bear right, BWS by-way/bridleway sign, CONT continue, EB earth bridge, EP enclosed path, FB foot bridge, FC field corner, FPS footpath sign, HG hedge gap, IMM immediately, JUNC junction, KG kissing gate, L left, LHFE left hand field edge, R right, RD road, RHFE right hand field edge, SA straight ahead, ST stile, THRU through, TK track, TL turn left, TR turn right, WM way marker, X cross.

- 1. Leave from front of pub and X RD into Manor Road. BL along TK (BWS) to FPS and TR onto EP. BL to field and IMM TR onto RHFE to WM. SA on RHFE, CONT SA across field, THRU HG to WM and TR onto RHFE. TL and TR with RHFE to FPS. TR along RD to FPS and TL onto EP. TL onto LHFE, TL X FB and TR onto RHFE. FC TL on RHFE, TR, X ST, X FB, X ST and TL onto LHFE (river to L).**
- 2. BR to WM and X ST onto LHFE to FC. TR onto LHFE (ditch to L), TL, X FB (WM), BL across field (no clear path) and BR onto LHFE (river to L). At FC, SA across grass to wooden fence, SA on EP to FPS and BR to RD. X RD to WM by metal gate onto concrete, and SA on LHFE following line of electricity poles. CONT SA on path (ignore FB to L).**
- 3. BL with path and CONT SA across field to LHFE (river to L). At FB to L, TR onto LHFE to FC and X FB. SA on LHFE and CONT SA to RD. X RD (*CARE*) and THRU HG onto LHFE. TL X FB, TR to WM and SA X FB onto RHFE.**
- 4. THRU gate onto RHFE to WM FC, X FB and SA on RHFE. TR, X concrete bridge and BR across field (no clear path) to hedge corner. SA onto LHFE and BR across field to X FB. TL onto LHFE and SA (WM) onto EP to FPS.**

5. TL along RD, SA at 1st RD JUNC and TR at 2nd RD JUNC (Andrews Farm Lane). At FPS SA along TK, becoming RHFE, TR over EB to become LHFE. At WM TL X FB to WM and TR onto RHFE (wood to R). FC (WM) X FB, THRU KG and SA uphill across field towards large gap between trees (no defined path). THRU KG (WM) and SA on EP to WM.

 6. TR along RD, pass Grange House and IMM TR to field and TL onto LHFE. THRU HG (WM) TR onto RHFE to large oak tree and TL across field (no clear path). X TK and SA THRU HG onto RHFE to RD. X RD (**CARE**) to FPS, TL X road bridge and TR along RD to FPS.

 7. TR THRU gate [*push button to open*] (WM) into garden, SA on gravel path, TL with path and SA across lawn to gate. THRU gate and SA (river to L), SA X concrete bridge & ford and SA on path (river to L). X ST and ditch (**CARE**), SA to field and CONT SA on LHFE. FC BR and SA (fence to R), X FB, X ST and TR onto RHFE to WM. CONT on RHFE to WM and TL across field to WM. X ST, X FB, X ST and TL onto LHFE (river to L). X FB, BL, IMM BR across field and X FB. SA on TK, THRU gate and SA along RD. At RD JUNC, TL back to pub.
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